Meet our Administrative Team!

Hector Angus  
Assistant Scientist I

Jody Burdick  
Clerk II

Ron Leihold  
Storekeeper II

DeAnn Pitman  
Program Assistant II

Fran Sobelka  
Admin Spec III
We are here to help!

Please go to our Administrative Office located in 237 Forker...

- Any time you have questions or need assistance
- If you are looking for a room
- If you want to rent a locker
- If you need help finding your instructor’s mailbox
- If you are looking for Lost and Found
- To report any building issues

Meet our Advising Team...

Janessa Bailey  
KIN Adviser

Laura Graves  
KIN Adviser

Mary Meier  
ATR Adviser

Lisa Phillips  
KIN Adviser

DeAnn Pitman  
Program Assistant

Marsha Wissink  
Lead KIN Adviser

Jessica DeWitt  
KIN Adviser

Iowa State University  
College of Human Sciences

Kinesiology Department
We are here to help!

Please go to our Advising Office located in 203 Forker...

- Any time you have questions or need assistance
- To learn more about the careers in Kinesiology
- If you have questions about University policies
- If you start to struggle in your course(s)
- Before selecting or changing your major or option
- While planning your educational journey
- When considering adding or dropping a class
- When creating your schedule and choosing classes
- If you need information on tutoring in writing, math or other subjects
- When you are within 2-3 semesters of graduating

The beautiful thing about learning is that no one can take it away from you.

- B.B. King
Friday, October 4th
9:00 am, Iowa Memorial Union
Register by September 27th
grad.uiowa.edu/gradatIowa

Explore graduate school opportunities through Grad at Iowa!
Discover the many graduate programs Iowa has to offer.
Learn even more about one primary program of your choosing.
Dream big with all the graduate possibilities at the University of Iowa!

We hope you will be as inspired by the Hawkeye spirit as we are!
Each year, the NCORE-ISCORE Project accepts applications from Iowa State students interested in participating in the NCORE-ISCORE Experience. Students will attend the National Conference on Race and Ethnicity (NCORE). In 2020, the conference will be held in New York City, New York, May 26 - May 30!
Applications go live November 1, 2019.

This year-long student experience begins with travel to NCORE, followed by a course on race and ethnicity in the United States, designed to expand knowledge, skills, and attitudes surrounding topics of diversity, inclusion, and social justice.

Students will then present knowledge gained from their NCORE experience and learning at the Iowa State Conference on Race and Ethnicity (ISCORE) the next spring.

Other benefits:
- Leadership skills
- Positive impact on the university community
- Become more aware of your own racial identity development
- Network with students and professionals from across the country
- Get to know ISU faculty and staff
- Build mentoring and peer relationships
- Expenses are covered for travel and stay at NCORE
- UST 321 course fulfills an ISU diversity requirement

Important 2020 dates

- January 17
  - Applications due
- March 6
  - ISCORE conference
- May 26 thru May 30
  - NCORE conference

LEARN MORE AT ISCORE.IASTATE.EDU
Interested in Studying Abroad?
Contact our Study Abroad Center
6563 Memorial Union
studyabroad@iastate.edu
515-294-6792

Semester Hours: Monday-Friday 8:00 to 5:00
Summer Hours: Monday-Friday 7:30 to 4:00
Break Hours: Monday-Friday 7:30 to 4:00
August 2019

Dear University Friend,

I would like to share a unique volunteer opportunity for Central Iowa college students. UnityPoint Health Des Moines launched a nationally recognized patient support program, HELP, in early 2019. HELP stands for Hospital Elder Life Program.

This special program was developed by Yale University to prevent delirium and physical decline in hospitalized older patients. Delirium is a significant contributor to longer hospital stays and a more difficult recovery.

This program is now at over 200 hospitals across the United States. Coordinated by a special clinical team, volunteers are the largest component of the overall team. Volunteers are specially trained to carry out daily interactions and recommended activities for HELP patients.

Key Volunteer Facts to Consider

- Anyone interested must apply and complete an onboarding process that includes a health screen and background check in addition to a full hospital orientation. Further training will then be provided via the clinical HELP team.
- A commitment of 4 hours per week (one shift) for 6 months is required.
- Volunteers will:
  - foster communication and orientation to the hospital
  - encourage and support staying active with bedside exercises
  - provide activities to provide mental stimulation, relaxation, and enjoyment
  - assist with ordering and setting up meals; encourage proper nutrition and hydration
  - provide documentation of activities and services
- UPH currently has 20 volunteers in the program and would like to build the volunteer team to 45.
- You do not need to be studying a specific academic major. We welcome anyone in the health care fields to apply. OR anyone just interested in volunteering with geriatric patients.
- This is not an internship. This is strictly a volunteer position.
- The volunteer location is at UnityPoint Health – Iowa Methodist Medical Center (IMMC) in downtown Des Moines.
- This is an outstanding and unique opportunity to get direct patient contact experience in a healthcare setting.

If you or someone you know is interested in learning more or joining our applicant list, please call the UnityPoint Health – IMMC Volunteer Services Office at 515.241.6414.

OR, you may go to our website and apply online at https://www.unitypoint.org/desmoines/college-student-volunteer.aspx

Thank you and Happy Fall!

Staci

Staci Fry, MA, CAVS
Executive Director, Volunteer Services
UnityPoint Health Des Moines
October 7-11, 2019

Human Sciences Week celebrates the Iowa State University College of Human Sciences and its unique, innovative, people-oriented programs and rich traditions with food, dance, games, mixers, exhibits, speakers, and philanthropic events.

The week showcases the college’s commitment to expand human potential and improve people’s lives by advancing diversity and social responsibility, wellness, entrepreneurship, personal financial literacy, and STEM (science, technology, education, and mathematics) education.
JOB DESCRIPTION:
Job Title: Rockstar Fitness Coach  
Reports to: Director of Healthy Living

POSITION SUMMARY:
The YMCA of Austin is actively seeking Rockstar Fitness Coaches who supports our mission to serve the community by leading group fitness classes and personal training programs in our brand new state-of-the-art, 105,000 square foot facility opening January 2020. A “Rockstar” Coach will play a key role in providing extreme member value by:

• Exhibiting passion and excitement for the work they do
• Holding themselves to a standard that is nothing short of their best
• Demonstrating a member first mentality in all aspects of the job

ESSENTIAL FUNCTIONS:
• Conduct initial and quarterly fitness assessments
• Prepares appropriate equipment, music, and handouts for each class
• Instructs patrons on effective workout methods
• Work with a Rockstar team focused on a clear mission, vision, and values
• Teaches scheduled classes
• Assists patrons, answers questions, and maintains a positive exercise experience for members and class participants
• Keeps management informed of customer and facility needs
• Ensures that safety standards are met, and that department and facility policies are adhered to
• Performs related duties as required

APPLY IF:
• You are highly energetic, outgoing and friendly
• Possess great communication skills
• Work well in a team environment
• Passionate about group training
• Inspired by seeing others achieve their goals

QUALIFICATIONS/EXPERIENCE:
Must have at least ONE nationally accredited Personal or Group Training Certification such as NASM, ACE, ACSM or hold a degree in kinesiology, exercise science, physical education, or similar.

• Must be at least 18 years of age
• Must be prompt and reliable
• Must ensure safety of all participants
- Must have the ability to work flexible or varying hours
- Must lead by example and have the skills to both communicate and demonstrate fitness concepts

**NECESSARY KNOWLEDGE/SKILLS/ABILITIES**
- Working knowledge of human anatomy, kinesiology and training principles.
- Knowledge of group fitness teaching strategies and the incorporation of music, tempo, cueing technique, and rhythm.
- Ability to be professional and motivate class participants.
- Ability to cooperate and work well with other staff members

**TO APPLY:**
Qualified applicants should send cover letter and resume to our Healthy Living Director, Bryce Becker at bbecker@ymca-austin.org.
Academic Coaching Workshop Series

The Academic Coaching Team offers free workshops during the fall and spring semesters. Below is a schedule of the upcoming semester’s workshops.

Fall 2019 Workshop Dates

<table>
<thead>
<tr>
<th>DATES</th>
<th>WORKSHOP TITLE</th>
<th>TIME</th>
<th>LOCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday 9/10</td>
<td>Time-Management</td>
<td>6:30—-7:30 p.m.</td>
<td>Hixson-Lied 0060</td>
</tr>
<tr>
<td>Thursday 9/12</td>
<td>Study Skills</td>
<td>6:30—-7:30 p.m.</td>
<td>Hixson-Lied 0060</td>
</tr>
<tr>
<td>Monday 10/7</td>
<td>Study Skills</td>
<td>6:00 — 7:00 p.m.</td>
<td>Hixson-Lied 0020</td>
</tr>
<tr>
<td>Thursday 10/10</td>
<td>Procrastination, Motivation &amp; Goal Setting</td>
<td>6:30 — 7:30 p.m.</td>
<td>Hixson-Lied 0060</td>
</tr>
<tr>
<td>Monday 10/28</td>
<td>Time Management</td>
<td>6:00 — 7:00 p.m.</td>
<td>Hixson-Lied 0020</td>
</tr>
<tr>
<td>Tuesday 10/29</td>
<td>Study Skills</td>
<td>6:30 — 7:30 p.m.</td>
<td>Hixson-Lied 0060</td>
</tr>
<tr>
<td>Monday 12/2</td>
<td>Final Exam Preparation</td>
<td>6:00 — 7:00 p.m.</td>
<td>Hixson-Lied 0020</td>
</tr>
<tr>
<td>Thursday 12/5</td>
<td>Final Exam Preparation</td>
<td>6:30 — 7:30 p.m.</td>
<td>Hixson-Lied 0060</td>
</tr>
</tbody>
</table>

To register, go to: [www.asc.dso.iastate.edu/coaching/workshop-series](http://www.asc.dso.iastate.edu/coaching/workshop-series)
Volunteer with kids in schools once a week in DSM

ISU 4U Promise Volunteer Program

The ISU 4U Promise is a partnership between Iowa State University and King and Moulton elementary schools to promote college-going in these schools. As part of the program, students who complete fifth grade at King or Moulton elementary school will be eligible for tuition awards to Iowa State University.

The ISU 4U Promise is searching for volunteers from all ISU colleges who are interested in leaving a lasting impact on elementary students. ISU students who have experience with historically excluded or underrepresented populations are highly encouraged to participate.

Interested volunteers must:
- Commit to volunteering once a week for the semester (or year!)
- Attend a volunteer orientation this fall
- Be eligible to drive a university vehicle, willing to drive your own vehicle (with mileage reimbursement), or ride with someone
- Submit all documentation needed to work with youth and drive university vehicles (if applicable)
- Be committed to sharing what you know about ISU and inspiring ISU 4U Promise students to go to college
Providing **free, private and secure** support with a trained **Crisis Counselor** 24/7

STUDENT COUNSELING SERVICES
Student Services Building, 3rd Floor
(515) 294-5056
Walk-In Hours: Monday - Thursday
8:00 am - 3:00 pm
counseling.iastate.edu

THIELEN STUDENT HEALTH CENTER
Corner of Union & Sheldon Drive
(515) 294-5801
Hours: Monday - Saturday
8:00 am - 5:00 pm*
CycloneHealth.org
studentwellness.iastate.edu

*Hours vary, please refer to website.

**ADDITIONAL SELF-HELP RESOURCES**

ULifeline
ulifeline.org/iastate/
800-273-TALK (8255)
Text "START" to 741-741

The National Suicide Prevention Lifeline
(800) 273-8255

FIRST NURSE (515) 239-8877

IOWA STATE POLICE DEPARTMENT
NON-EMERGENCIES (515) 294-4428
EMERGENCIES 911

AMES POLICE DEPARTMENT
NON-EMERGENCIES (515) 239-5133
EMERGENCIES 911

MARY GREELEY MEDICAL CENTER (515) 239-2011
Important Dates to Remember...

Friday, September 20, 2019
• Fee payment deadline for fall semester. Second payment (minimum due) on AccessPlus.

Friday, September 27, 2019
• Last day to add/drop a first half-semester course without extenuating circumstances.
• Last day to change a first half-semester course to or from Pass/Not Pass.
• Last day to file a Designation of Repeated Course form for a first half-semester course that is not an automatic designated repeat.

Saturday, October 5, 2019
• Schedule of Classes for Spring 2020 available for viewing on the Web at http://classes.iastate.edu/

Monday, October 7, 2019
• Advising period for Spring 2020 registration begins.

Friday, October 18, 2019
• Midterm grade reports due on Canvas and AccessPlus by 2:15 PM.
• First half-semester courses end.

Sunday, October 20, 2019
• Fee payment deadline for fall. Final payment due on AccessPlus.

Panel: Preparing for Professional School - Health Sciences

Creighton University - School of Medicine/PA Program, Des Moines University, St. Ambrose University and University of Iowa - Carver College of Medicine.

Learn about their programs, the application process, and what to expect as a student.

September 24th - 6-7pm @ 0105 Kildee Hall

CHS Career Services | 131 MacKay Hall | 515.294.0626 | hscareers@iastate.edu
Like us on Facebook!

Search @ISUKIN

Did you know there's a food pantry on campus?

All students and faculty welcome!

On Campus Location:
2616 Food Sciences Building

M, T, W, TH: 10am–5pm
Friday: 9am-12pm

Who are we and why?
We are The SHOP, a student-run food pantry at ISU. Our mission is to increase food security and offer non-perishable food and other personal hygiene items to all ISU students and faculty/staff in need.

For more information, visit The SHOP website at www.theshop.etsu.edu
The Shop Food Pantry
An On-Campus Food Pantry for ALL Students

Main Food Pantry Location:
2616 Food Science Building

Hours:
M: 10 am-2pm
T: 12pm-6pm
W: 11am-6pm
Th: 12pm-6pm

SUV Food Pantry Location:
Schilletter and University Village Community Center
65 Edenburn Drive
Ames, IA 50010

Hours:
M – F: 8am-5pm

Frederiksen Court Food Pantry Location:
Frederiksen Court Community Center, Mail Room

Hours:
M-F: 8am-6pm
Sat-Sun: 1pm-5pm

Beran International/Service Scholarship

Purpose: To provide partial support for a student participating in a sport, physical education, or exercise science experience outside of the United States (but not with a varsity or sport club team) OR a service project in a related field with minority or inner-city groups in the United States.

Qualifications:
1. Must be enrolled as a Kinesiology and Health or Athletic Training major.
2. Must have a minimum of 2.5 cumulative grade point average.
3. Must have completed at least two semesters in residence at ISU.

Procedure: Go to www.kin.hs.iastate.edu. Complete an application form and present a summary of trip expenses and anticipated sources of support. Scholarship applications may be submitted at any time during the semester and will be reviewed as soon as possible. Two personal reference letters are required.

Award amount: Variable, depending on the trip expenses
Did you know that there is a microwave in Foker for your use?

The communal microwave is located on the 1st floor of the north west corner of the building near the vending machines.

Other locations with communal microwaves

---

Experience Kinesiology in Ireland

SUMMER 2020

3 week summer study abroad in May
Earn KIN credit
Taught and led by ISU faculty member

CHS International Programs
131 MacKay Hall | chsintl@iastate.edu

UnityPoint Health is currently recruiting student
volunteers for the Hospital Elder Life Program (HELP).

For more information, please contact:

Lisa Baumhover MS ARNP
HELP Geriatric Clinical Nurse Specialist
515-241-5165

Carrington Stalzer RN BSN
HELP Coordinator
515-241-3220

FAQs

What tips do you have for elders patients and families while in the hospital?
- Safety is first – always ask nursing staff for assistance when you want to get out of bed. If they are not present, push your call button.
- Keep moving and stay active during the day – the more active you are, the quicker you will heal. Participate in requested activities with therapists, nurses and volunteers to the best of your ability.
- Bring your glasses, hearing aides with batteries and dentures to the hospital.
- Personal items such as pictures, books, magazines and phone numbers may be beneficial to you during your hospital stay.
- Discuss all medical concerns with your physician and write down questions in advance so you are prepared for their visits to your room.
- Bring your own robe and sturdy slippers or shoes to the hospital.
- Unless instructed otherwise, try to eat and drink to support your body’s healing needs. Your nurse will inform you if you have dietary restrictions.
What is HELP?
The Hospital Elder Life Program (HELP) was developed by health care experts at Yale University to prevent delirium and physical decline in hospitalized older adults. HELP is now part of quality health care in more than 200 hospitals in the United States and internationally.

The Hospital Elder Life Program at UnityPoint Health works with nurses, doctors and other health care professionals. HELP staff and volunteers receive special program training and education to provide activities and services to assist in keeping patients engaged and active. There is no charge for HELP services provided to patients enrolled in the program.

HELP Services Include:
- Evaluation from a HELP Program Coordinator to determine individual needs and interests
- Interview and consultation with a Geriatric Clinical Nurse Specialist
- Daily visits to foster communication and orientation to the hospital
- Encouragement and support to stay active with bedside exercises
- Activities to provide mental stimulation, relaxation and enjoyment
- Assistance with ordering and setting up meals. Encouragement of proper nutrition and hydration during the hospital stay.

About Elder Patients
Hospitalized older patients may become confused and have trouble thinking clearly because of their illness and the stress of being in the hospital. A sudden and temporary change in the way a person thinks is called delirium.

Some older adults who have been hospitalized have been found to develop delirium, which often results in longer hospital stays and a more difficult recovery.

There is also a risk of patients having physical decline due to inactivity and increased amount of time in bed.

Providing Extra Care For Elder Adults
UnityPoint Health needs volunteers who are caring, respectful and dedicated to elder patients. Volunteers carry out the daily interactions and recommended activities for patients in the HELP program.

To volunteer for the HELP program at UnityPoint Health, you must meet volunteer requirements, undergo special training and commit to 4 hours per week for a 6-month time period.

HELP volunteers experience the personal satisfaction of helping, listening and empowering elder patients.
~ KIN Tutor Position Available ~

**Job Description:** Tutors have the educational background and ability to assist students by teaching course material and study skills. Tutors are assigned to student-athletes who need assistance in certain subject areas. Tutors may meet with student-athletes one or more times per week.

**Job Skills / Requirements:** Undergraduate/Graduate Student/ Retired Faculty/or persons with teaching experience preferred. Must have knowledge of subject matter, have earned a grade of B or higher in the course(s) wanting to tutor, and a cumulative GPA of 3.0 or higher (some exceptions apply). Ability to communicate effectively, confidentiality, patience and respect towards others are required.

For more information, please contact Katie Blair at ahtutoring@iastate.edu
THE HARDER YOU WORK FOR SOMETHING, THE GREATER YOU'LL FEEL WHEN YOU ACHIEVE IT.

Have a GREAT Semester!
Wednesday, September 25
Noon - 5:00 p.m.

Build your network. Discover internships. Ignite your job search.

Hosted by the Ivy College of Business, College of Human Sciences, and College of Liberal Arts and Sciences Career Services Offices

View a list of attending organizations in CyHire. All majors and class levels are welcome. For additional information or questions, please email isucareerfairs@iastate.edu.

If you are a person with a disability, please contact the ISU Career Fair Committee at 515-294-8881, or email isucareerfairs@iastate.edu to request reasonable accommodations to allow participation in this event.
Career Services Events | Fall 2019

**FREE BUSINESS ATTIRE POP-UP SHOPS**
Presented by College MLOs & funded by StuGov
Thursday, September 12th - 6-8pm  
Friday, September 13th - 10-2pm  
1009 LeBaron Conference Room

**JCPENNEY SUIT UP EVENT**
Hosted by CHS, COB & LAS Career Services
Sunday, September 15th - 5-8pm  
North Grand Mall, JCPenney

**#RESUME101 WORKSHOP**
Tuesday, September 17th - 12-12:45pm  
1009 LeBaron Conference Room  
Monday, September 23rd - 5:30-6:15pm  
119 MacKay Hall

**RESUME LABS**
Wednesday, September 18th - 11-1pm  
Thursday, September 19th - 2-4pm  
1230 LeBaron Computer Lab

**GET CAREER FAIR READY WORKSHOP!**
Monday, September 23rd - 12-12:30pm  
116 MacKay Hall  
Tuesday, September 24th - 12-12:30pm  
1009 LeBaron Conference Room

**EVENTS INDUSTRY MEET AND GREET**
Hosted by the Event Management Club  
Tuesday, September 24th - 5:30-7pm  
LeBaron Commons

**PANEL: PREPARING FOR PROFESSIONAL SCHOOL - HEALTH SCIENCES**
Featuring representatives from four schools
Tuesday, September 24th - 6-7pm  
0105 Kildee Hall

**CAREER FAIRS**
Business, Industry and Technology & People to People  
Wednesday, September 25th - 12-5pm  
Hilton Coliseum & Scheman Building

**INTERVIEW DAY**
Thursday, September 26th - 8:15-4:30pm  
Memorial Union | Sign up required

131 MacKay Hall | 515.294.0626 | hscareers@iastate.edu
Adult Non-Traditional Students Learning Community (ANTS)

Are you looking for a place to study or eat your lunch?

Would you like an opportunity to meet other non-traditional students?

Who is a non-traditional student?
Anyone who is:
- Age 25 and over
- Commuting from outside Ames
- A parent
- Married
- A veteran or currently in the military
- Pursuing a second bachelor’s degree

If this describes you, here are some opportunities for you to meet others with similar backgrounds or just find a quiet place to study.

---

ScribeAmerica is a company that hires and trains medical scribes for physicians. We are currently hiring in the Des Moines and Marshalltown area for candidates with:
- Day time availability (8am-5pm) at least 2 to 3 times per week.
- Able to commitment 2 years part time or 1 year full time
- Background or interest in science and medicine

There are several ways in which you would not only benefit the physician but you will benefit as well. Working as medical scribe opens up opportunities to learn medicine and be exposed to the environment without the need of any certification. You will be working alongside the physician, completing their documentation, and learning new things everyday. If planning to apply to medical school, PA school, or any graduate program, the doctor’s you build relationships with will be more than willing to write letters of recommendation.

If you wish to apply, log on to our website (http://www.scribeamerica.com/) or email desmoineshiringassociate@scribeamerica.com!
DOCTORS SAVE LIVES. SCRIBES SAVE DOCTORS.

"Being a scribe is a perfect job for anyone wanting to pursue a career in medicine. The job is not only a tremendous learning experience, but you're actually making a difference by assisting the doctors to be more efficient so they can focus more on the quality of care for their patients."

AMY HOGAN, 2010

WHAT IS A MEDICAL Scribe?

A Medical Scribe is a revolutionary concept in modern medicine. Traditionally, a physician’s job has been focusing solely on direct patient contact and care. However, the advent of the Electronic Health Record (EHR) created an overload of documentation and clerical responsibilities that slowed physicians down and pulled them away from actual patient care. To relieve the documentation overload, physicians across the country are turning to Medical Scribe services.

A Medical Scribe is essentially a personal assistant to the physician; performing documentation in the EHR, gathering information for the patient’s visit, and partnering with the physician to deliver the pinnacle of efficient patient care.

Visit scribeamerica.com/apply to see if we are hiring in your area.

WHAT WE EXPECT

Intelligent candidates who can work positively and cooperatively amidst a stressful and unique environment.

You need to have good penmanship and computer skills, your medical expertise is not required but is an added bonus. The following traits are required for they are not easily learned:

WHAT WE EXPECT FROM YOU:
- Responsibility
- Confidence
- Maturity
- Punctuality
- Ability to multitask
- Self Motivation

COMMITMENT:
Commitment to ScribeAmerica; 2 years part time 8-12 shifts per month or 1 year full time 16-20 shifts per month.
"Scribe America is a great program that prepared me in many ways for medical school. Working side by side with doctors in the emergency room gave me an incredible real-life experience to apply to all the classes I am taking now. Diagnosing is intimately related to recognizing patterns in patient symptoms and while working with Scribe America I was able to watch the physicians think their way through patient cases and absorb countless amounts of information. Having also volunteered in hospitals and taken part in research prior to entering medical school, I would say that my time with Scribe America was the most influential factor in giving me confidence in my decision to pursue a career in medicine. The one-on-one experience with physicians, the variety of patient cases and symptoms, the introduction to medical diagnostic techniques, and the vast amounts of medical terminology have all been invaluable to my current student status besides that I thoroughly enjoyed coming to work every day. I have and will continue to recommend Scribe America to any person contemplating medical school with a desire to learn and work hard."

KIM RIEGEL, 2011

**THINGS THAT WILL HELP YOU SUCCEED**

- A passion for Medicine
- Able to balance school AND work
- Computer skills, this is a must and will accelerate training as most hospitals are transforming to complete electronic charting
- Mature sophomores can benefit throughout college. Also people taking time off before Medical, PA or NP school are favored and the opportunity is highly beneficial to the applicant.

*Note: Scribe hours are counted towards clinical training for PA school.*

**WHAT TO EXPECT**

- Hard work demanded, every shift
- Unlimited learning curve
- Competitive part time pay
- Some full-time positions available

**ABOUT US**

We are the nation's most frequently used medical scribe company with more than 15,000 employees in 50 states and three countries providing professional services for over 2,000 clients. We invest heavily in the professional development of our scribes by providing them with unique resources such as the industry's only academic textbook, paid attendance to our national scribe leadership conference, online education, networking opportunities through social media, and development of the ScribeAmerica Mobile Scribe App™. We are ranked on the Inc. 500/5000 list seven years in a row for fastest growing private companies. In addition Modern Healthcare named us one of the Hottest Healthcare Companies in 2013. In turn, we’ve been rewarded through successful development of the nation’s first “career scribes”, that is, individuals with advanced degrees who have chosen to make a career with ScribeAmerica. Our clients have benefitted too, having received the prestigious Press Ganey Summit and Stuart Fleming Patient Safety awards.

1200 East Las Olas Blvd., Suite 201 · Fort Lauderdale, Florida 33301
www.scribearcher.com/apply
Orchesis I will be performing on Saturday, September 22, 2019 at 10:00 a.m. at the Tom Evans Park Stage as part of the Ames Octagon Arts Festival. Click here for more information.

**************************

October 7-12, 2019 - Guest artists coming are Kathleen Hermsdorf and Albert Mathias from La Alternativa. Kathleen will be teaching classes all week and Albert is a musician and accompanies classes. They will be setting a piece on Orchesis I and performing in the Scholarship Concert on October 12, 2019 at 7:00 p.m. in the Betty Toman Studio Theater in Forker 196.

**************************

Orchesis I is joining the Theatre and University in celebration of the 100th anniversary of a women's right to vote. This year Barjche’ 2020 honors the 100th anniversary of a women's right to vote. Through dance, ISU Orchesis I Dance Company celebrates the super-heroines of our past and present through modern and contemporary choreography. HERoines Barjche’ 2020 (Working title) unites with other ISU departments celebrating this monumental historical event. Click here for complete details.

Barjche' is Friday, January 31, 2020 at 7:30 p.m. and Saturday, February 1, 2020 at 7:30 p.m. with a matinee on Friday for the public schools as part of the Matinee Series - order online.

**************************

The Dance Program is hosting the 2019 North-Central American College Dance Association Conference March 14-17, 2020. All classes and the informal concerts will be held in the Forker Building. All Adjudicated Concerts are at the Ames City
Auditorium.

If you have any questions, contact Janice Baker or Cynthia Adams.

---

**Lutheran Services in Iowa**

We’re hiring:
- Caseworkers (Dubuque, Waterloo)
- Direct Support Professionals (Muscatine, Des Moines, Ames, Waterloo, Dubuque)
- Overnight Monitors (Ames, Des Moines)
- Program Supervisors (Sign-on bonus up to $1,000, Des Moines)
- Service Coordinators (Ames)
- Shift Supervisors (Muscatine)
- Site Team Leaders (Sign-on bonus up to $1,000, Ames, Des Moines)
- Respite Providers: (Ames, Des Moines, Dubuque, Marshalltown, Waterloo, Cedar Rapids, Corning, Council Bluffs, Newton, Oskaloosa, Ottumwa)

We offer:
- Flexible work schedules that fit with classes and busy life
- Full-time and part-time jobs
- Fabulous benefits
- The best paid time off in town
- The chance to change the world!

To apply go to: [https://lsiowa.org/careers/](https://lsiowa.org/careers/)
Did you know that Iowa State has a Lost and Found website?

Go to the ISU Homepage – click on Index – click on the L then scroll down and click on Lost and Found. Here you can report your lost item or report any found item.

The Kinesiology Lost and Found is located in 237 Forker.

JCPenney
SUIT-UP EVENT
Sunday, Sep. 15 | 5:00-8:00 p.m.
JCPenney @ North Grand Mall
Exclusives discounts for Iowa State students
- Bring your student ID
- CyRide routes are Red, Green, and Brown
To request an appointment with Career Services

Students can now schedule appointments via CyHire! 😊

You can view availability and pick a time that works with your schedule as well as select what you would like to discuss during the appointment. CyHire also sends a confirmation of the appointment as well as an appointment reminder.

In addition to scheduling via CyHire, students are still welcome to stop in or call our office to set up an appointment.

Career Services

Drop-In Hours

**Tuesdays and Wednesdays**

1-3pm

10-15 minutes

**No appointment needed!**

131 MacKay Hall

*We are open by appointment Monday - Friday 8-5pm*

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IOWA STATE UNIVERSITY

College of Human Sciences Career Services

515.294.0626 | hscareers@iastate.edu
A TR/KIN AFFILIATED CLUBS
INFORMATION & MEETING TIMES

CARDINAL TAP CLUB

This group has weekly meetings that centers on learning, sharing, and refining tap and rhythmic dance skills. The membership is open to all Iowa State students who are interested in learning tap and other rhythmic dance. No previous experience is necessary. You have the opportunity to perform with the group during the Orchesis II semester showcase if you are willing to make the commitment.

MEETS: Tuesdays from 8:30 to 9:00 p.m. in Forker 198

For more information, contact club President - Hannah Halvorson

EXERCYSE IS MEDICINE ON CAMPUS

To encourage regular physical activity and understanding of its health benefits by members of the ISU campus and the Ames, IA community. A secondary aim of ExercYse is medicine is to encourage health care providers to include physical activity as a ‘vital sign,’ including the consideration and recommendation of physical activity when designing treatment plans. ExercYse is Medicine is committed to the belief that physical activity is integral in the prevention and treatment of disease and should be a part of medical care. ExercYse is Medicine ambassadors will be active volunteers at events to help communicate this message. This organization is directly affiliated with the Iowa State University Department of Kinesiology and the American College of Sports Medicine.

For more information, contact club President - Andi Luth

FELLOWSHIP OF ATHLETIC TRAINING CLUB

To provide leadership and educational opportunities for Athletic Training Students at ISU.

For more information, contact club President - Hannah VanRoekel
**HEALTH PROMOTION CLUB**

To encourage healthy living among the campus and community while providing students with an opportunity to practice what is learned in the classroom and gain knowledge in relevant health topics.

For more information, contact club President - Nicole Hilderbrand

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**KINESIOLOGY & HEALTH CLUB**

To facilitate meetings and activities that relate to wellness and health, as well as getting a better idea of what Kinesiology majors can accomplish. Through bringing in various speakers in the field and volunteer activities, students can better their futures and themselves. It is also a great way to network, meet friends, and gain leadership.

For more information, contact club President - Mikayla Weron

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**KINESIOLOGY GRADUATE STUDENT ASSOCIATION**

To increase cohesiveness of graduate students on assistantship and those who are not on assistantship, to increase the visibility of HHHP graduate program, as well as the dept. in general, to serve as an academic and social forum for HHHP graduate students.

For more information, contact club President - Maria Perez

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**LADIES IN FITNESS TRAINING (LiFT)**

To help women advance in all fitness related activities. LiFT provides members with a place to ask questions and learn about weightlifting and fitness related activities, an encouraging and motivating atmosphere, resources to build a support system of strong willed and compassionate friends, and opportunities for involvement with activities in the club, at Iowa State University, and in the community.

For more information, contact club President - Liliana Delgado

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**MINORITY ASSOCIATION FOR PRE-HEALTH STUDENTS**

The Minority Association for Pre-Health Students is a student organization encompassing the Minority Association for Pre-Medical students which is affiliated to the Student National Medical Association with the addition of other health fields to encourage interprofessional education. The Minority Association for Pre-Medical students is a nationally recognized organization that strives to increase representation of minorities in the health fields. Big components of this organization include community service, mentoring and outreach. The intention of this student organization is to increase the exposure of underrepresented and/or underserved students to the health fields, bring in mentors such as doctors to come and talk to...
us students and to develop leaders in the Iowa State community that will work towards eliminating ethnic health disparities in the near future.

For more information, contact club President – Mai Dang

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**ORCHESIS I DANCE COMPANY**

Orchesis I is a student organization specializing in aspects of professional dance training. The company was established in 1926 as Iowa State's first dance group. We look for the best and brightest dancers who are open to change, growth, and development with their dancing and performing.

MEETS: **Thursdays from 7:00 to 8:30 p.m. in Forker 0196**

For more information, contact club President – Courtney Elkin

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**ORCHESIS II DANCE CLUB**

Orchesis II is a non-audition dance company in which all individuals are welcome to participate regardless of their experience in dance training. Orchesis II strives to enhance a comfortable learning environment by providing performance opportunities for members. Orchesis II works in many genres of dance including tap, hip-hop, modern, jazz, Latin, and many, many others.

MEETS: **Tuesdays from 7:00 to 8:30 p.m. in Forker 0196**

For more information, contact club President – Alisa Holmbeck

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**PHYSICAL EDUCATION CLUB**

To promote staying active through a variety of planned activities. In addition, the club will provide knowledge and information about physical education and related areas, while creating professional relationships among members, faculty/staff at Iowa State University, and professionals throughout the state of Iowa.

For more information, contact club President - Jackson Culp

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**PRE-CHIROPRACTIC CLUB**

The Pre-Chiropractic Club is an organization dedicated in providing opportunities for students who are interested in pursuing a career in the chiropractic field upon completion of his or her undergraduate degree. The Pre-Chiropractic Club will allow students to learn the art, science, and philosophy behind chiropractic medicine, as well as network with current doctors, and learn about the admissions process and various chiropractic colleges.

For more information, contact club President - Yolanda Galan
**PRE-DENTAL CLUB**

To better prepare Pre-Medical students for acceptance into the medical field and to answer any questions about the path to and beyond medical school.

For more information, contact club President - **Claire Campbell**

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**PRE-MEDICAL CLUB**

To better prepare Pre-Medical students for acceptance into the medical field and to answer any questions about the path to and beyond medical school.

For more information, contact club President - **Kyle Jackson**

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**PRE-OCCUPATIONAL THERAPY CLUB**

To give students the resources and information they need to be successful in a career in Occupational Therapy. The goal is to prepare students in many different aspects to become accepted into a graduate program. Including admission requirements, networking, and other necessary skills that will help them gain the knowledge and experience they need to achieve their goals in this field.

For more information, contact club President - **Kate Christiansen**

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**PRE-OPTOMETRY CLUB**

Explores the field of optometry as well as optometry schools by visiting local optometrists, listening to optometry school representatives speak about their school and related activities.

For more information, contact club President - Coming soon

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**PRE-PHARMACY CLUB**

Meetings will generally be held once a month on evenings of weekdays. The activities of each meeting will vary, but will aim to further our primary goal of preparing members for the pharmacy school application process. Activities include speaking to current pharmacy school rotation students, discussing application requirements, and sharing opportunities for volunteering and job shadowing. In addition, pharmacy school representatives come to Iowa State to share information specific to their application process and requirements.

For more information, contact club President - **Brody Tritle**
PRE-PHYSICAL THERAPY CLUB

To promote networking, individual growth, and preparation for future physical therapy professionals.

NEXT MEETING: Tuesday, September 24, 2019 at 6:00 p.m. in 279 Forker
Creighton University will be presenting about their program

For more information, contact club President - Samantha Henning

PRE-PHYSICIAN ASSISTANT CLUB

To educate students about the Physician's Assistant profession. We also help students with the application and interview process so they are adequately prepared when meeting with a potential employer or school.

For more information, contact club President - Rebecca Kennedy

THE KIN COLLECTIVE

This organization serves to build a stronger sense of community within students of color in the Kinesiology department, connect them to more resources and opportunities, and to help create a departmental connection so that students can foster the relationships necessary to excel in their field of study.

For more information, contact club President - Jayden Walker
Have a GREAT semester!

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