Check out what's new in our November Newsletter

View this email in your browser

~ November 2017 ~
2nd Edition

We are here to help!

Please go to our Advising Office located in 203 Forker...

- Any time you have questions or need assistance
- To learn more about the careers in Kinesiology
- If you have questions about University policies
- If you start to struggle in your course(s)
- Before selecting or changing your major or option
- While planning your educational journey
- When considering adding or dropping a class
- When creating your schedule and choosing classes
- If you need information on tutoring in writing, math or other subjects
- When you are within 2-3 semesters of graduating
Meet our Advising Team...

Carol Coeloll  
KIN Adviser

Jenny Gibbs  
KIN Adviser

Kyle Holtman  
KIN Adviser

Mary Meeer  
ATR Adviser

Lisa Phillippe  
KIN Adviser

DeAnn Pitman  
Program Assistant

Marsha Winesick  
Lead KIN Adviser

We are here to help!

Please go to our Administrative Office located in 237 Forker...

- Any time you have questions or need assistance
- If you are looking for a room
- If you want to rent a locker
- If you need help finding your instructor's mailbox
- If you are looking for Lost and Found
- To report any building issues
Check out what's new in our November Newsletter

Meet Our Administrative Team:

- Hector Angus
  Assistant Scientist I

- Jody Bardick
  Clerk II

- Ron Leibold
  Storekeeper II

- DeAnn Pitman
  Program Assistant II

- Fran Sobtka
  Admin Spec II

- Lori Widenman
  Admin Spec III

Iowa State University
College of Human Sciences

Kinesiology Department
Check out what's new in our November Newsletter

Providing free, private and secure support with a trained Crisis Counselor 24/7

Text ISU to 741741

STUDENT COUNSELING SERVICES
Student Services Building, 3rd Floor
(515) 294-5056
Walk-In Hours: Monday - Thursday
8:00 am - 3:00 pm
counseling.iastate.edu

THIELEN STUDENT HEALTH CENTER
Corner of Union & Sheldon Drive
(515) 294-5801
Hours: Monday - Saturday
8:00 am - 5:00 pm*
CycloneHealth.org
*Hours vary, please refer to website.

STUDENT WELLNESS
Friley Hall, Room A37
(515) 294-1099
Office Hours: Monday - Friday
8:00 am - 5:00 pm
studentwellness.iastate.edu

ADDITIONAL SELF-HELP RESOURCES

Ulifeline
ulifeline.org/iastate/
800-273-TALK (8255)
Text "START" to 741-741

The National Suicide Prevention Lifeline
(800) 273-8255

FIRST NURSE (515) 239-6877

IOWA STATE POLICE DEPARTMENT
NON-EMERGENCIES (515) 294-4428
EMERGENCIES 911

AMES POLICE DEPARTMENT
NON-EMERGENCIES (515) 239-5133
EMERGENCIES 911

MARY GREELEY MEDICAL CENTER (515) 239-2011

Students are invited to attend...
Retirement Party

You are invited to an

Open House Retirement Party
to honor Carol Cordell

(Academic Adviser, Department of Kinesiology)

Date: Wednesday, November 29, 2017
Time: 2:00 to 4:00 p.m.
Location: 213 Forker Building

Important Dates to Remember...
Friday, November 17, 2017

- Last day to add/drop a second half-semester course without extenuating circumstances.
- Last day to change a second half-semester course to or from Pass/Not Pass.
- Undergraduate graduation applications for Spring 2018 are due. Submit via (student tab, graduation, application).

Monday – Friday, November 20-24, 2017

- Thanksgiving break, classes recessed.

Wednesday, November 22, 2017

- Graduate College: last day for final oral examinations. Open your account in ProQuest and enter the name of your thesis/dissertation.

Thursday – Friday, November 23-24, 2017

- University holidays—offices closed.

Tuesday, November 28, 2017

- Graduate College: last day to submit signed Graduate Student Approval Form.

Thursday, November 30, 2017

- Graduate College: last day to upload electronic thesis/dissertation to ProQuest for Thesis Office review.

See your adviser if you have any questions!
Courses

Beginning with the Summer 2018 term, the College of Liberal Arts and Sciences will award tuition credit via financial aid to every student who participates in an LAS Global Seminar. The LAS Global Seminars for 2018 (must be taught by LAS faculty during the summer term) and their corresponding courses are:

- **Andalucia: Exploring Cultures in Southern Spain & Morocco** - Erik Ladner & Jean-Pierre Taoutel (May) – INTST 395B (3 credits)
- **Berlin's History and Culture** with Mark Looney & Sandra Looft (July) – INTST 395B (3 credits)
- **Cathedrals of France (Paris area)** – Jean-Pierre Taoutel (June) – INTST 395B (3 credits)
- **Global Leadership: Sweden** – Amber Manning-Ouellette & Tara Widner-Edberg (May) – LD ST 370 or 333 (3 credits; may have 6 credit option)
- **On the Road in Ireland: a traveling writer’s workshop** – Debra Marquart – ENGL 395/595 (3 credits)
- **Service-learning in Tanzania: Sustainable Development & Gender Equity** – Ann Oberhauser – INTST 395 (3 credits)
- **Summer Tropical Forest & Coral Reef Experience: Belize** – Tracy Heath & Jordan Satler – BIOL 394 (3 credits)
- **Trieste and the Meaning of Place: Italy** – Christiana Langenberg & Kate Simmons – INTST 395 (3 credits).

Each participant, regardless of college major, will receive a scholarship for registration in a summer course taught by an LAS professor/instructor at the following levels:

3 credit course awards $750 automatic tuition award

This is a great time to meet that general education or international perspectives requirement, or take a class abroad if you can’t afford the time or money to study abroad for a semester! Additional scholarships for study abroad are also available from each college, so multiple scholarships may be awarded. No application is required for the LAS Global Seminar awards. Please apply at [http://isuabroad.iastate.edu](http://isuabroad.iastate.edu) by searching by location and “Summer” as Term.

For LAS primary or secondary majors, one scholarship application provides consideration for any of the various LAS study abroad scholarships for which a student is eligible.

Questions? Contact Nancy T. Guthrie, Director of Study Abroad for the College of Liberal Arts and Sciences. nguthrie@iastate.edu; 515-294-1162.
Check out what's new in our November Newsletter

DES MOINES WOMEN’S CLUB
Liselotte Gurau Health Science Scholarship

APPLY NOW!

The Des Moines Women’s Club is offering a $1,000 scholarship for the 2017-2018 school year to a female student who is currently enrolled as a full-time student in a college or university, pursuing a degree in a health-related field.

More information and application forms:
www.desmoineswomensclub.com/scholarships

APPLICATIONS MUST BE POSTMARKED NO LATER THAN JANUARY 19, 2018.

APPLICANTS MUST BE LEGAL RESIDENTS OF, OR REGISTERED STUDENTS IN POLK, BOONE, DALLAS, JASPER, MADISON, MARION, STORY, OR WARREN COUNTY.
Student Peer Health Coaches working with other students to help them reach their wellness goals!

Visit the website to learn about free health coaching available through the Cydekicks Study

www.studentwellness.iastate.edu
How does college affect your wellbeing?

We are conducting a research study to learn more about how being a college student influences your health and quality of life.

This information will help us understand what it's like to be a college student and help inform programming related to improving your wellbeing here at Iowa State.

Your participation will involve completing questionnaires online 2 times during the semester and you may have the opportunity to wear monitors to measure your physical activity. As a thank you for participating fully in our study, you will be entered into a drawing to receive a Fitbit Charge HR. One Fitbit will be given away per semester.

If this sounds interesting and you are between the ages of 18 and 25 and are within your first 2 years on campus here at ISU, please click the link below to learn more about this study.

If you have questions, please contact Katy Southard at kjsouth@iastate.edu.

https://iastate.qualtrics.com/jfe/form/SV_d0HmXvBrJ186L

Internship scholarships

These scholarships are for CHS undergraduate students who enroll in internships or student teaching appointments where salary or wages are not paid. Scholarships will range from $1000 to $2000 to aid with living expenses. The larger awards will be considered for students serving in an unpaid internship within the state of Iowa that will benefit economic or community development, state or government agencies, schools, or social-service agencies.

Scholarship application deadline: December 10th

Eligibility Requirements:
- Must be an undergraduate student enrolled in a College of Human Sciences major
- Must be required for student’s degree program
- Must be registered for internship credit
- Cannot be receiving any other type of compensation, stipends, or travel reimbursements
- Must complete more than 180 hours across 8 or more weeks
- Must have earned at least 45 credits prior to fall 2017 semester
- Must have a 2.0 cumulative GPA or higher
- Two references

For more information: https://www.hs.iastate.edu/career-services/students/jobs-and-internships/internship-scholarships/
Check out new programs from Student Wellness

Peer Wellness Educator  
(Request Sleep, Stress, Alcohol, Violence Prevention, Joyful Eating Programs)

Green Dot  
(Request Bystander Intervention Presentations)

Cyde Kicks  
(Sign up for Individual Peer Health Coaching)

BeWellHut  
(Pop-up Wellness Programs and Events)

Safer Sex Items  
(Request Free Condoms, Lubricant, Dental dams)

Fill out online request form:  
http://www.studentwellness.iastate.edu/programrequest

Visit us: facebook | twitter | BEWELLISU  
studentwellness.iastate.edu  
A37 Friley Hall | 515-294-1099

Iowa State University  
Student Wellness
Community Outreach Volunteer Opportunity

Retirement Housing Foundation, is a non-profit organization which provides affordable housing to older adults, families and persons with disabilities. Currently they are looking for organizations/volunteers who can provide onsite Outreach, Educational Services and Entertainment (games, crafts, art, karaoke, music, exercise, etc.) to our mobility impaired residents who reside in one of our buildings located in Des Moines.

Unfortunately, it can be difficult for some of the residents to participate in offsite programs due to their disability, lack of proper transportation, funds or simply lack motivation or interest. Our goal is to bring programs into the building for their enjoyment.

If you are interested in volunteering and sharing your talent, please contact the Property Manager: Brenda McLearn-Montz at 515-288-5616

Building Information
Virginia Park
2111 East Virginia Ave
Des Moines, IA  50320
Check out what's new in our November Newsletter

ACADEMIC SUCCESS CENTER
PEER AMBASSADOR
APPLY TODAY

What is it?
The Academic Success Center (ASC) is looking for enthusiastic student leaders to represent the ASC on campus for the Spring 2018 semester.

What's in it for me?
- Gain leadership skills in a supportive environment
- Use creativity to develop ASC projects and tasks
- Help peers apply academic resources

How do I apply?
Apply today on the ASC website
asc.dso.iastate.edu/

Deadline to apply
NOVEMBER 24, 2017

Academic Success Center
Hixson-Lied Student Success Center
asc.dso.iastate.edu
Employment Opportunity: Now Hiring!

- Paid one-on-one time with certified physician with potential for letters of recommendation!
- Paid classroom and clinical training.
- 20-40 hours per week (part and full time employment)
- Pay starts at $8.75 an hour with a 90 day pay raise to $10!
- Flexible scheduling though there is a minimum of two full shifts (~16-20 hours) per week

How to apply:
- Go to our website [www.ScribeAmerica.com](http://www.ScribeAmerica.com) and click "CAREER OPPORTUNITIES"
- click "HOW TO APPLY" to access the application.

---

Atlantis Project is accepting applications for this winter and summer. They are a Pre-med study abroad that allows you to shadow doctors in European and South American hospitals for over 20 hours per week while rotating specialties.

I, Kathryn Vitosh – a senior in KIN, recently attended the Atlantis Project this past summer in Spain and had an incredible experience! If you would like to learn more about this opportunity, please contact me at kvitosh@iastate.edu and I will answer any questions you may have while also explaining how you can apply to become an Atlantis Fellow.
Interested in becoming a trained Health Coach?

Enroll in the 2-credit course **KIN 494AB: Practicum in Motivational Interviewing** to become a trained student health coach! This is a great opportunity in a rising field that can benefit you in any career choice you are pursuing!

**Course is offered:**

Spring 2018

Tuesdays 2:10-3:00 PM

For more information please contact Katy Southard at kjsouth@iastate.edu or to apply online at http://www.studentwellness.iastate.edu/health-coaching/become-a-peer-health-coach/.

Did you know that Iowa State has a Lost and Found website where you can report your lost items? You can also use this website to report any items that you have found. Go to the ISU Homepage and then under the Index, click on the L, then scroll down to Lost and Found.

**The Kinesiology Lost and Found is located in 237 Forker.**
Check out what's new in our November Newsletter

Don’t miss the last meeting of the year!

EIM is excited to introduce the Kinesiology Department’s newest exercise psychologist, Dr. Jacob Meyer!

Dr. Meyer will present on the affects an active lifestyle has on your mind. Just in time for Finals Week!

**When:** Wednesday, November 29th @ 7:00 PM  
**Where:** Carver 101

PLUS! The lecture will include an interactive game of BINGO for **prizes**!

---

**Iowa State University**  
College of Human Sciences

---

**Being Culturally Competent:**  
Seminar on Immigration and Inclusion in Europe • Summer 2018

Required application, program description, and budget:  
http://isuabroad.iastate.edu/?go=CHSNetherlands

**Application deadline:** December 1, 2017

**Program dates:** May 6-26, 2018

**Program highlights:** Develop a better understanding of immigration, refugees, and inclusion and improve your intercultural and global competence through visits to schools and government agencies in the Netherlands, Germany, France, and Belgium.

**Open to:** undergraduate and graduate students; minimum cumulative GPA of 2.5 (undergraduate) or 3.0 (graduate)

**Program leader:** Rohit Mehta (rmehta@)

**College of Human Sciences**  
International Programs Office  
131 MacKay Hall • chaim@iastate.edu • int.hs.iastate.edu
Check out what's new in our November Newsletter

http://mailchi.mp/077bf1d9623/aw61g1of4u-1141833?e=94dbfft28a

SPECIAL TOPIC COURSE FOR SPRING 2018

“KIN 590B: SPL TP HEALTH PROMO,” SECTION PE (undergrads can register with add slip)

“Critical Appraisal for Evidence-Based Practice in Kinesiology”

Do you want to really understand the science behind the headlines?
Do you want to learn how to critically evaluate scientific research?
Do you want to prepare yourself for a professional career based on a solid foundation of scientific evidence?

This “Special Topic” course is designed for senior undergraduate students (especially those in the pre-health professions and exercise science options) and graduate students (M.S. or Ph.D.).

Students will develop skills that will enable them to form independent and informed evaluations of the quality of published research related to physical activity and health.

Taught by Dr. P. Ekkekakis based on examples from published studies.
No prerequisites. No background in research methods or statistics is assumed.
Relevant research concepts will be introduced in the first part of the course. Students will lead discussions on published research articles during the last weeks.
“Evidence-Based Practice” has become the backbone of medical and public-health education in the last 25 years. “Critical Appraisal” is the foundation of effective Evidence-Based Practice. This course is the first of its kind to introduce these concepts to Kinesiology. Be a pioneer, sign up for this course and distinguish yourself among your peers.
The Let’s Talk program was initiated by the Student Counseling Center in response to rates of depression and anxiety in students increasing in the last decade.

The program will allow students to come to the counseling office for a less formal counseling session.

It is meant to encourage students to go find out more information about counseling, whether it be for them or someone they know.

http://www.counseling.iastate.edu/outreach/talk
Check out what's new in our November Newsletter

A Summer Course for Undergraduates & Graduates
June 5 – June 30, 2017

Johns Hopkins School of Medicine
Check out what's new in our November Newsletter

http://mailchi.mp/077fbfd9623/aw61g1of4u-1141833?e=94dbfff28a

11/20/2017

Check out what's new in our November Newsletter

http://mailchi.mp/077fbfd9623/aw61g1of4u-1141833?e=94dbfff28a

GENERAL DESCRIPTION
The Johns Hopkins University School of Medicine Summer Institute in Anatomy is a four-week cadaver-based Human Anatomy course to be held in June, 2017, on the campus of the JHU School of Medicine in Baltimore. The course is led by members of the faculty of the Center for Functional Anatomy and Evolution. For further information and an application form, please see our website. www.hopkinsmedicine.org/FAE/anatomyinstitute.

ACCOMMODATIONS
Rooms will be provided in a modern dormitory on the main campus (Homewood) of Johns Hopkins University, at a total cost of approximately $1,300 (27 nights). Athletic facilities are available at no charge on the Medical School campus. A free shuttle bus between the Homewood campus and the Medical School campus, approximately 3 miles to the south, runs frequently (every 10-15 minutes during daytime hours).

ADMISSION
Applications will be accepted from all undergraduate and graduate students who have completed at least their freshman year of college by June 2017. There are no specific prerequisites, although a basic familiarity with college-level introductory biology is a plus. The course will be rigorous and fast-paced. A completed application form, a non-refundable application fee of $50, and supporting materials (college transcript, letter of recommendation) are due by March 31, 2017. Successful applicants will be notified in early April, with full tuition due by May 1. Space in the course is limited; apply early to guarantee a place.

TUITION AND CREDITS
$4,100 tuition for the course is due by May 1, 2017. This amount also buys you the textbook, atlas, and supplies. Four (4) academic credits will be awarded upon successful completion of the course.

Further Information
To receive further information and an application form, write or e-mail to the address below, or visit the Anatomy Institute website (address below), which contains a printable version of the application form.

Ms. Aline Daniel
Program Coordinator, Anatomy Institute
Center for Functional Anatomy and Evolution
Johns Hopkins University School of Medicine
1830 E. Monument St.
Baltimore, MD 21205
adaniel@jhmi.edu

Anatomy Institute Website:
www.hopkinsmedicine.org/FAE/anatomyinstitute

Acceptance into the human anatomy program does not confer any right to admission to any other Johns Hopkins University program. Johns Hopkins awards no scholarship or financial aid for this program, and reserves the right to cancel the course at any time. In the event of cancellation, the application fee and tuition will be returned. All students will need to show evidence of having their own health insurance, or will be required to obtain student insurance at approximately $280 for the month of the course.

Equal Opportunity: Johns Hopkins University does not discriminate on the basis of race, color, sex, religion, sexual orientation, national or ethnic origin, age, disability, or veteran status in any program or activity administered by the University or with regard to admission or employment.

USA WEIGHTLIFTING

We will be hosting a USA Weightlifting Level 1 Certification at University of Northern Iowa

Date/Time: Saturday, November 18, 2017 (7:30 a.m.) – Sunday, November 19, 2017 (5:30 p.m.)

Location: University of Northern Iowa
Wellness Recreation Center
2301 Hudson Road
Cedar Falls, IA 50614

Instructor: Jed Smith
jed.smith@uni.edu
319-415-9163

For more information go to:
Join the Supplemental Instruction Team

APPLY TODAY!

www.si.iastate.edu
Supplemental Instruction (SI) Leader Position Description

Description
A SI Leader is an undergraduate student who provides peer academic support for an assigned course. SI Leaders will assist in student learning and retention at Iowa State University through facilitation of SI sessions that help students better understand concepts and applications of course content.

This position will require Leaders to dedicate approximately nine hours per week for the academic semester, with some weeks requiring more hours for training and professional development.

Qualifications
For consideration, candidates must possess the following qualifications:
- Enrollment as an Iowa State University undergraduate student
- Minimum ISU cumulative GPA: 3.00/4.00
- Minimum semester GPA for the most recent academic semester completed: 3.00/4.00
- Grade of B+ or higher in course(s) you desire to lead
  *Please note: we do not provide SI Leaders with any training in specific content areas (ex: math), which is why this knowledge of course content is expected prior to application.
- Self-motivation and direction to work independently with limited supervision
- Empathy for and understanding of a diverse group of students
- Ability to speak and present information to large audiences

Responsibilities
SI Leaders will:
- Attend all lectures with students to relearn course content, stay on pace with instruction, and build rapport
- Promote SI and motivate students to attend SI sessions through class announcements, board reminders, and electronic communication
- Creatively plan for SI sessions including preparing interactive activities, worksheets, and other resources that encourage peer-to-peer learning
- Facilitate three 50-minute SI sessions per week using collaborative and active learning strategies
- Participate in staff development activities and continuous leadership development opportunities including SI Leader orientation, SI Leader retreat, staff meetings, individual meetings with an SI Supervisor or Mentor, and observations of peer SI Leaders
- Complete administrative responsibilities including taking and submitting attendance, submitting wage reports, maintaining website in a timely manner
- Develop relationships and maintain communication with students, SI supervisors, and course instructor(s) and facilitate relationship-building among students
- Assist students in becoming familiar with study skills and university resources
- Role model good student behavior and act in a professional manner

Compensation
SI Leaders will earn $10.50 per hour for time spent attending class, preparing for sessions, and facilitating sessions. For most Leaders, this is nine hours per week, with the exception of weeks including staff development activities, in which Leaders are compensated accordingly.
Check out what's new in our November Newsletter

Saturday, December 2nd
@ 7:00 pm
Betty Toman Dance Studio Theater
Parker 196
Tickets: $10

Dance Scholarship Gala Concert
Saturday, October 21st
@ 7:30 pm
Betty Toman Dance Studio Theater
Parker 196
Tickets: $8 Bleachers & $10 Balcony

Featuring choreography and performance by guest artist Deborah Deller, local professionals, and members of Orchesis Dance Company.

Local dance professionals and students perform to benefit the ISU dance scholarship, proceeds will be awarded to Performing Arts Dance Enthusiast Majors and Dance Minors.

Academic Coaching Workshop Series

The Academic Coaching staff offers free workshops during the fall and spring semesters. Below is a schedule of the upcoming semester's workshops.

Academic Coaching Workshop: Preparing for Finals

Tuesday, November 28 | 6:00 PM - 7:00PM or Wednesday, November 29 | 5:30 PM - 6:30PM
0060 Hixson-Lied Student Success Center

This interactive workshop will give space for students to analyze their previous work and establish a game-plan for how to tackle their finals. Topics will include learning about prioritizing and managing your time, strategies for different test formats, and learning how to help

For more information, go to:
www.asc.dso.iastate.edu/coaching/workshop

NCORE/ISCORE PROJECT
Each year, the NCORE-ISCORE Project Office accepts applications from Iowa State students interested in attending the National Conference on Race and Ethnicity in Higher Education (NCORE). In 2018 the conference will be held in New Orleans. Students then present new knowledge gained from their NCORE experience at the Iowa State Conference on Race and Ethnicity (ISCORE) the following year.

NCORE can be an extremely developmental process for student. We really value the work you do and understand you have the opportunity to get to know your students on an individual basis and are aware of their strengths and challenges. We are reaching out to you for assistance in recruiting students to the project.

The application can be found at: https://iastate.qualtrics.com/jfe/form/SV_9SmQmzEDmHQWKIB.

**Benefits from NCORE-ISCORE Project!**
This year-long developmental program on race and ethnicity includes attendance at and participation in NCORE, taking UST 321—a course designed to expand your knowledge of issues around race and provide you with tools to deliver a thought-provoking presentation at ISCORE. Other benefits students can look forward to include:

- Developing leadership skills.
- Making a positive impact on the university community.
- Networking with students and professionals from across the country.
- Getting to know more faculty and staff members at ISU.
- Building positive mentoring and peer relationships.

If you are interested in this project or have questions, please don’t hesitate to contact Leslie Winters lwinters@iastate.edu or KB kgwebu@iastate.edu.

---

**Are you looking for an opportunity to GRO?**

Are you interested in learning about social justice? GRO is an annual program offered in the spring semester for students in the College of Human Sciences to participate in to learn more about social justice topics and build community with one another.

We will be meeting on Thursdays between 5:30pm and 7:30pm. If this sounds like something that will interest you, feel free to sign up below here: https://iastate.qualtrics.com/jfe/form/SV_bJZIG5eVP9cAc2F

If you have any additional questions, please feel free to email hsdiversitygrad@iastate.edu.
GRO
(Growing Through Relationships & Conversations With Others)

GRO is a semester-long program offered in the spring that focuses on developing an understanding and gaining knowledge around social justice topics through intentional dialogue and community building practices.

Topic: Power, Privilege, & Oppression

Meeting Dates:
January 25th
February 8th
February 22nd
March 8th
March 22nd
April 5th
April 19th

*Food is always provided

Sign Up HERE!
For more information, contact:
hsdiversitygrad@lastate.edu
Roy J. Carver Scholarship
Iowa State University

The Roy J. Carver Scholarship Program is funded by the Carver Charitable Trust in memory of Roy J. Carver, who achieved success through his own initiative and hard work. Scholarships are available to students with great potential and promise, who work hard to make ends meet, or are faced with debilitating circumstances in their lives.

Twenty Roy J. Carver Scholarships are available to ISU students or transfer students who will start their junior year fall semester of the award year. Awards average $5,200 each and will be considered for renewal for the senior year based on maintenance of a cumulative GPA of 2.80 and continued financial need.

To be eligible for the Roy J. Carver scholarship, a student must meet the following criteria:

- U.S. Citizen
- Graduate of an accredited Iowa high school or have been a resident of the state of Iowa for at least 5 consecutive years immediately prior to application
- Junior classification fall semester of the award
- Full-time enrollment (12 credits or more)
- Minimum cumulative GPA of 2.80
- Demonstrate financial need on basis of a Free Application for Federal Student Aid (FAFSA) filed by December 1st
- Evidence of significant social and/or economic obstacles

Apply online at:

www.carvertrust.org (click on Scholarships and on-line application)

You will submit the application, an essay and two references through this on-line process.

APPLICATION DEADLINE: APRIL 1

Contact information for the Scholarship Office:

Mailing address: Office of Student Financial Aid
                 Scholarship office
                 0210 Beardshear Hall

In Person: 0640 Beardshear Hall
By Phone: (515) 294-5625
By e-mail: scholarships@iastate.edu
Research Study on Health Coaching!

Interested in helping us learn whether health coaching improves student health and well-being?

If you are between the ages of 18 and 25 and in your first two years at ISU, you can sign up to participate in a research study. You will complete surveys, and may be selected to work with a trained peer health coach over an 8-week period.

For more information or to sign up, contact Katy at kjsouth@iastate.edu
Experience Kinesiology in Ireland
Summer 2018

Required application, program description, and budget:
http://isuabroad.iastate.edu/?go=CHSIreland

Application deadline: December 1, 2017

Program dates: May 8-24, 2018

Program highlights: The study of kinesiology in Ireland has a more sports-centric focus, and you’ll learn about the Gaelic Games, the Gaelic Athletic Association, how athletes are trained, and the importance of local sports clubs. You’ll also interact with physiotherapists and the staff of a professional rugby club.

Prerequisites: undergraduate Kinesiology and Health or Athletic Training majors in sophomore, junior or senior
Fall 2017 Dance Events

Li Chiao-Ping Dance Company is coming to perform 'Landed' December 2nd at 7pm in the Betty Toman Studio Theater Forker 196.

DESCRIPTION OF LANDED (2017)
The 12-person, evening-length, multi-media work, created by choreographer Li Chiao-Ping in collaboration with visual artist, Douglas Rosenberg, examines and explores the immigrant experience, drawing from stories of Angel Island immigrants in the early 20th century and cast members' personal family histories, some recent and some dating back several generations. The meta-narrative of the work brings the immigration discussion closer to home, presenting the opportunity to question and challenge our country's policies and climate. Ranging in age from their 20s to 70s, the performers share and hold the stage to represent our conjoined and often complicated personal, yet universal, journeys from one land to another and from past to present. Engaging with local audiences about their own unique stories is important to the continuation and growth of this project. In addition to post-performance discussions with the artists, LCPD also plans to involve local dancers and community members in the project, either through the recording or performing--danced and/or spoken--of their stories.

Ms. Li's inspiration for LANDED came from her visit to Angel Island in San Francisco, primary research of original letters and poetry written by immigrants, and her own connection as a first-generation Chinese-American artist. Originally thinking that Angel
U.S. Through further research and consultation with immigration experts from the fields of Law, History, and Asian American studies, Ms. Li has built a multi-media, choreographic work that investigates the immigrant experience through stories – her personal story, the stories of Angel Island immigrants from the early 1900s, and stories from contemporary artist immigrants who face similar and unique challenges of culture, identity and acceptance today.

ABOUT LI CHIAO-PING DANCE Choreographer and performer Li Chiao-Ping founded Li Chiao-Ping Dance in 1990 and has made Madison, Wisconsin the company’s home since 1993. As a choreographer/director, Li Chiao-Ping has created, produced and performed over 130 works for the stage and screen and has collaborated with many artists, including her long-time creative partner, visual artist Douglas Rosenberg. LCPD’s first production in Madison was in 1995 at the Isthmus Playhouse at the Madison Civic Center. The company was invited to be a resident company at the Overture Center for the Arts in 2006. In addition to performing 2-3 times in Dane County each year, LCPD also regularly tours nationally. LCPD is committed to engaging with its community and audience members through outreach, performance, and mentoring opportunities. LCPD’s educational programs span from youth classes throughout the year to a week-long Summer Dance Camp and Intensive to classes at Madison Senior Center, where Ms. Li has taught since 2001.
encourage health care providers to include physical activity as a ‘vital sign,’ including the consideration and recommendation of physical activity when designing treatment plans. ExerCYse is Medicine is committed to the belief that physical activity is integral in the prevention and treatment of disease and should be a part of medical care. ExerCYse is Medicine ambassadors will be active volunteers at events to help communicate this message. This organization is directly affiliated with the Iowa State University Department of Kinesiology and the American College of Sports Medicine.

NEXT MEETING: Wednesday, November 29, 2017 at 7:00 p.m. in Carver 0101

For more information, contact club President - Genevieve Hepworth

FELLOWSHIP OF ATHLETIC TRAINING STUDENTS

To provide leadership and educational opportunities for Athletic Training Students at ISU.

For more information, contact club President - Megan Blomberg

HEALTH PROMOTION CLUB

To encourage healthy living among the campus and community while providing students with an opportunity to practice what is learned in the classroom and gain knowledge in relevant health topics.

For more information, contact club President - Madisen Quick

IOWA STATE PRE-DENTAL CLUB

To aid all pre-dental ISU students with any questions they may have regarding dental school. We will cover everything from applications to admission. Our purpose is to help with anything related to the dental profession.

For more information, contact club President - Noah Hart

KINESIOLOGY & HEALTH CLUB

Facilitates activities that relate to physical activity, wellness and health. In addition to introducing students to the ideas of establishing and maintaining an active and healthy lifestyle, while sharing that information with the community.

NEXT MEETING: Tuesday, November 28, 2017 at 6:30 p.m. in Forker 279
**KINESIOLOGY GRADUATE STUDENT ASSOCIATION**

To increase cohesiveness of graduate students on assistantship and those who are not on assistantship, to increase the visibility of HHP graduate program, as well as the dept. in general, to serve as an academic and social forum for HHP graduate students.

For more information, contact club President - Andrew Zaman

**LADIES IN FITNESS TRAINING (LiFT)**

To help women advance in all fitness related activities. LiFT provides members with a place to ask questions and learn about weightlifting and fitness related activities, an encouraging and motivating atmosphere, resources to build a support system of strong willed and compassionate friends, and opportunities for involvement with activities in the club, at Iowa State University, and in the community.

NEXT MEETING: **Wednesday, November 29, 2017 at 7:00 p.m. in Hoover 1312**

For more information, contact club President - Mason Schroeder

**ORCHESIS I DANCE COMPANY**

Orchesis I is a student organization specializing in aspects of professional dance training. The company was established in 1926 as Iowa State's first dance group. We look for the best and brightest dancers who are open to change, growth, and development with their dancing and performing.

MEETS: **Thursdays from 7:00 to 8:30 p.m. in Forker 0196**

For more information, contact club President – Rachel Tucker

**ORCHESIS II**

Orchesis II is a non-audition dance company in which all individuals are welcome to participate regardless of their experience in dance training. Orchesis II strives to enhance a comfortable learning environment by providing performance opportunities for members. Orchesis II works in many genres of dance including tap, hip-hop, modern, jazz, Latin, and many, many others.

MEETS: **Tuesdays from 7:00 to 8:30 in Forker 0196**

For more information, contact club President – Laura Behrends or Haley Klusman
To promote staying active through a variety of planned activities. In addition, the club will provide knowledge and information about physical education and related areas, while creating professional relationships among members, faculty/staff at Iowa State University, and professionals throughout the state of Iowa.

For more information, contact club President - Kacie Schumann

---

**PRE-MEDICAL PROFESSIONS CLUB**

To better prepare Pre-Medical students for acceptance into the medical field and to answer any questions about the path to and beyond medical school.

NEXT MEETING: **Tuesday, November 28, 2017 at 7:00 p.m. in Physics 0003**

(Closing Social - enjoying pizza and watching either Grey's Anatomy or Scrubs)

For more information, contact club President - Benjamin Dralle

---

**PRE-OCCUPATIONAL THERAPY CLUB**

To give students the resources and information they need to be successful in a career in Occupational Therapy. The goal is to prepare students in many different aspects to become accepted into a graduate program. Including admission requirements, networking, and other necessary skills that will help them gain the knowledge and experience they need to achieve their goals in this field.

NEXT MEETING: **Tuesday, November 28, 2017 at 6:10 p.m. in Forker 278**

(OTCAS Session. The current seniors on the exec team who have already filled out the application form (OTCAS) for grad schools will be showing how the system works as well as give tips on how best to prepare for this intense application process. Very informative meeting!!!)

For more information, contact club President - Sydney Ginkens

---

**PRE-OPTOMETRY CLUB**

Explores the field of optometry as well as optometry schools by visiting local optometrists, listening to optometry school representatives speak about their school and related activities.

For more information, contact club President - Kimberlie Hodne
To promote networking, individual growth, and preparation for future physical therapy professionals.

**NEXT MEETING:**  **Monday, November 27, 2017 at 6:30 p.m. in Forker (room TBD)**

**Speaker:**  St. Ambrose University

For more information, contact club President - **Dalton Frick**

---

**PRE-PHYSICIAN ASSISTANT CLUB**

To educate students about the Physician's Assistant profession. We also help students with the application and interview process so they are adequately prepared when meeting with a potential employer or school.

For more information, contact club President - **Julia Nguyen**

---

**TAP IOWA STATE**

This group has weekly meetings that centers on learning, sharing, and refining tap and rhythmic dance skills. The membership is open to all Iowa State students who are interested in learning tap and other rhythmic dance. No previous experience is necessary. You have the opportunity to perform with the group during the Orchesis II semester showcase if you are willing to make the commitment.

For more information, contact club President – **Kendra Beaman**

---

**THE KIN COLLECTIVE**

This organization serves to build a stronger sense of community within students of color in the Kinesiology department, connect them to more resources and opportunities, and to help create a departmental connection so that students can foster the relationships necessary to excel in their field of study.

For more information, contact club President - **Artoria Jung**
What are YOU Thankful For?

health  home  family  friends  food

Copyright © 2017 Iowa State University, All rights reserved.

Want to change how you receive these emails?
You can update your preferences or unsubscribe from this list.