~ October 2017 ~

We are here to help!

Please go to our Advising Office located in 203 Forker...

- Any time you have questions or need assistance
- To learn more about the careers in Kinesiology
- If you have questions about University policies
- If you start to struggle in your course(s)
- Before selecting or changing your major or option
- While planning your educational journey
- When considering adding or dropping a class
- When creating your schedule and choosing classes
- If you need information on tutoring in writing, math or other subjects
- When you are within 2-3 semesters of graduating

Meet our Advising Team...

Carol Cordell
KIN Adviser

Jessica Gibbs
KIN Adviser

Jolee Holzman
KIN Adviser

Mary Minor
A.T.R. Adviser

Lisa Phillips
KIN Adviser

Debra Finkman
Program Assistant

Martha Wooten
Lead KIN Adviser
Please go to our Administrative Office located in 237 Forker...

- Any time you have questions or need assistance
- If you are looking for a room
- If you want to rent a locker
- If you need help finding your instructor’s mailbox
- If you are looking for Lost and Found
- To report any building issues

Meet our Administrative Team!

1. Hector Aragon
   Assistant Dean I
2. Judy Boldrick
   Clerk II
3. Rori Leithoff
   Secretary II
4. DeAnn Pierson
   Program Assistant II
5. Pam Roberts
   Administrator II
6. Lori Willemse
   Administrator III
Important Dates to Remember...

**Monday, October 16, 2017**

- Second half-semester courses begin.

**Wednesday, October 18, 2017**

- Registration period for Spring 2018 begins.
- First day of assigned Spring 2018 registration dates for students in the College of Veterinary Medicine and students in the Graduate College. Hours for AccessPlus registration are 7 a.m. to 11 p.m., Monday-Saturday.
- Seniors graduating Spring 2018 should submit a Graduation Application after registering for final course work. Submit via AccessPlus (student tab, graduation, application).
First day of assigned Spring 2018 registration dates for students projected as seniors. Hours for AccessPlus registration are 7 a.m. to 11 p.m., Monday — Saturday.

**Friday, October 20, 2017**

- Fee payment deadline for fall. Final payment due on AccessPlus.
- Last day to process most schedule changes for a second half-semester course without signatures of instructor and adviser. See the tuition adjustment schedule for financial deadlines. [http://www.registrar.iastate.edu/fees/tuition-adj](http://www.registrar.iastate.edu/fees/tuition-adj).

**Thursday, October 26, 2017**

- First day of assigned Spring 2018 registration dates for students projected as juniors. Hours for AccessPlus registration are 7 a.m. to 11 p.m., Monday—Saturday, and most Sundays.

**Friday, October 27, 2017**

- Last day to add/drop full-semester courses or withdraw without extenuating circumstances.
- Last day to change a full-semester course to or from Pass/Not Pass.
- Last day to file a Designation of Repeated Course form for a full-semester or second half-semester course that is not an automatic designated repeat.

**See your adviser if you have any questions!**
Iowa State University
Department of Kinesiology

PhD Defense

Name: Yanlong Song (PhD: Kinesiology)

Title: Modulating visuomotor adaptation in young healthy adults: the effects of reward and punishment

Date/Time: October 18, 2017 at 11:30 a.m.

Location: 181 Forker Building

Abstract
Recent human motor adaptation/learning studies revealed that punishment accelerates acquisition of motor memory while reward enhances consolidation of motor memory. This study tested the robustness and a possible cause for this potential dissociation. During learning to adapt to an abrupt visual rotation in moving to a visual target, young healthy participants were provided with performance-based monetary reward or punishment. By manipulating the probability of reward or punishment distribution and controlling visual feedback of the cursor while moving to a target, the present study demonstrated that punishment induced faster adaptation than reward in both continuous and non-continuous visual feedback contexts when punishment and reward were distributed in all adaptation trials. However, only reward combined with continuous visual feedback of the cursor resulted in offline consolidation improvement. In contrast, offline consolidation of punishment-induced adaptation memory was inhibited in the continuous visual feedback context. A word-list learning task immediately after the adaptation training reduced this inhibition of punishment-induced adaptation memory, while having no influence on the consolidation of reward-induced adaptation memory. These findings suggest that punishment, compared to reward, induced more efficient explicit process in the adaptation phase, but stronger explicit memory suppressed the consolidation of the punishment-induced motor memory.
Announcement regarding summer tuition awards for LAS Study Abroad Courses

Beginning with the Summer 2018 term, the College of Liberal Arts and Sciences will award tuition credit via financial aid to every student who participates in an LAS Global Seminar. The LAS Global Seminars for 2018 (must be taught by LAS faculty during the summer term) and their corresponding courses are:

- **Andalucia: Exploring Cultures in Southern Spain & Morocco** - Erik Ladner & Jean-Pierre Taoutel (May) – INTST 395B (3 credits)
- **Berlin's History and Culture** with Mark Looney & Sandra Looft (July) – INTST 395B (3 credits)
- **Cathedrals of France (Paris area)** – Jean-Pierre Taoutel (June) – INTST 395B (3 credits)
- **Global Leadership: Sweden** – Amber Manning-Ouellette & Tara Widner-Edberg (May) – LD ST 370 or 333 (3 credits; may have 6 credit option)
- **On the Road in Ireland: a traveling writer’s workshop** – Debra Marquart – ENGL 395/595 (3 credits)
- **Service-learning in Tanzania: Sustainable Development & Gender Equity** – Ann Oberhauser – INTST 395 (3 credits)
- **Summer Tropical Forest & Coral Reef Experience: Belize** – Tracy Heath & Jordan Satler – BIOL 394 (3 credits)
- **Trieste and the Meaning of Place: Italy** – Christiana Langenberg & Kate Simmons – INTST 395 (3 credits).

Each participant, regardless of college major, will receive a scholarship for registration in a summer course taught by an LAS professor/instructor at the following levels:

3 credit course awards $750 automatic tuition award

This is a great time to meet that general education or international perspectives requirement, or take a class abroad if you can’t afford the time or money to study abroad for a semester! Additional scholarships for study abroad are also available from each college, so multiple scholarships may be awarded. No application is required for the LAS
For LAS primary or secondary majors, one scholarship application provides consideration for any of the various LAS study abroad scholarships for which a student is eligible.

Questions? Contact Nancy T. Guthrie, Director of Study Abroad for the College of Liberal Arts and Sciences. nguthrie@iastate.edu; 515-294-1162.

http://www.studentwellness.iastate.edu
How does college affect your wellbeing?

We are conducting a research study to learn more about how being a college student influences your health and quality of life.

This information will help us understand what it’s like to be a college student and help inform programming related to improving your wellbeing here at Iowa State.

Your participation will involve completing questionnaires online 2 times during the semester and you may have the opportunity to wear monitors to measure your physical activity. As a thank you for participating fully in our study, you will be entered into a drawing to receive a Fitbit Charge HR. One Fitbit will be given away per semester.

If this sounds interesting and you are between the ages of 18 and 25 and are within your first 2 years on campus here at ISU, please click the link below to learn more about this study.

If you have questions, please contact Katy Southard at kjsouth@iastate.edu.

https://iastate.qualtrics.com/jfe/form/SV_dOUIImyBrjtJ8RL

FALL 2017
Fine Dining - HSPM 487/587
Joan Bice Underwood Tearoom
23 MacKay Hall
Doors will open at 6:15pm, first course will be served at 6:30pm.
Price: $35 with wine/beer and $30 without wine/beer

Ciao ISU – Taste of Italy
October 25th
Contact: Matt Ocheltree
marcheltree@gmail.com

College Classics, Reinvented
November 1st
Contact: Brianna Namuth
bnamuth@iastate.edu

Julia Child Favorites
November 15th
Contact: Lindsay Miller
lfmiller@iastate.edu
Check out new programs from Student Wellness

Peer Wellness Educator
(Request Sleep, Stress, Alcohol, Violence Prevention, Joyful Eating Programs)

Green Dot
(Request Bystander Intervention Presentations)

Cyde Kicks
(Sign up for Individual Peer Health Coaching)

BeWellHut
(Pop-up Wellness Programs and Events)

Safer Sex Items
(Request Free Condoms, Lubricant, Dental dams)

Fill out online request form:
http://www.studentwellness.iastate.edu/programrequest

Visit us:  BEWELLISU
studentwellness.iastate.edu
A37 Friley Hall | 515-294-1099

IOWA STATE UNIVERSITY
Student Wellness
Start looking into what classes you want to take next semester as Spring 2018 Class Registration is just around the corner.

Go to: http://www.kin.hs.iastate.edu/current-undergraduates/ for complete details.

Community Outreach Volunteer Opportunity

Retirement Housing Foundation, is a non-profit organization which provides affordable housing to older adults, families and persons with disabilities. Currently they are looking for organizations/volunteers who can provide onsite Outreach, Educational Services and Entertainment (games, crafts, art, karaoke, music, exercise, etc.) to our mobility impaired residents who reside in one of our buildings located in Des Moines.

Unfortunately, it can be difficult for some of the residents to participate in offsite programs due to their disability, lack of proper transportation, funds or simply lack motivation or interest. Our goal is to bring programs into the building for their enjoyment.

If you are interested in volunteering and sharing your talent, please contact the Property Manager: Brenda McLearn-Montz at 515-288-3616

Building Information
Virginia Park
2111 East Virginia Ave
Des Moines, IA 50320
**Scribe-America**

- Paid one-on-one time with certified physician with potential for letters of recommendation!
- Paid classroom and clinical training.
- 20-40 hours per week (part and full time employment)
- Pay starts at $8.75 an hour with a 90 day pay raise to $10!
- Flexible scheduling though there is a minimum of two full shifts (~15-20 hours) per week

**How to apply:**
- Go to our website [www.ScribeAmerica.com](http://www.scribearch.com)
- click “CAREER OPPORTUNITIES”
- click “HOW TO APPLY” to access the application.

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**ATLANTIS PROJECT**

Atlantis Project is accepting applications for this winter and summer. They are a Pre-med study abroad that allows you to shadow doctors in European and South American hospitals for over 20 hours per week while rotating specialties.

I, Kathryn Vitosh – a senior in KIN, recently attended the Atlantis Project this past summer in Spain and had an incredible experience! If you would like to learn more about this opportunity, please contact me at knvitosh@iastate.edu and I will answer any questions you may have while also explaining how you can apply to become an Atlantis Fellow.

[http://www.wmc.dso.iastate.edu/special-events/](http://www.wmc.dso.iastate.edu/special-events/)
The Writing and Media Center is pleased to offer the following workshops intended for undergraduates across the disciplines:

**Scholarship Essays**  
Tuesday, October 17 at 5:10-6:00 in Science I, Room 102

**Personal Statements**  
Tuesday, October 24 at 5:10-6:00 in Science I, Room 102

**Creating Effective Presentations Using Slides**  
Wednesday, October 25 at 6:10-7:00 in Carver 208

**Back to Basics: MLA Citation Style**  
Tuesday, November 7 at 5:10-6:00 in Carver 208

**Back to Basics: APA Citation Style**  
Tuesday, November 7 at 6:10-7:00 in Carver 208

**Tips for Effective Writing**  
Wednesday, November 8 at 5:10-6:00 in Carver 208

Students may register for the workshops online: [https://www.wmc.debianstate.edu/special-events/](https://www.wmc.debianstate.edu/special-events/). Students will receive an email confirming their attendance, which they may forward to any of their instructors.
Pump & Run 3k

When: November 4th  Where: Lied Rec Center

Participants will bench press a predetermined amount of weight that they may select for as many reps as possible, followed by a run/walk around campus (~3K). Women must choose a weight over 30% of their body weight and men must choose a weight over 50% of their body weight.

Check in will be from 8:30am-9:15am immediately followed by weigh-ins. Benching will start at 9:30am. The 3K run/walk will start at 10:30am.

Early Registration is $20 through Friday, Oct. 13th ($25 after). All participants without an ISU ID will be a charged an additional $6 the day of the event for a daily pass to use the recreation facilities. Register by Oct. 13th to guarantee a t-shirt! You can register in person the day of the race. Open to the public. Participants must be 18 years or older.

Register Here: https://market-stuorg.sws.iastate.edu/337/product

Email: lift@iastate.edu
BROWN BAG SERIES Fall 2017

Oct 27th 12-1pm

LGBTQIA+ BASICS

Come learn what LGBTQIA+ means and what are and how to use gender-neutral pronouns in the classroom and with colleagues

Facilitators: LGBTQIA+SS Speakers Bureau

Nov 10th 12-1pm

Film & Discussion on Race & Diversity Issues on Campus

Watch documentary “If These Halls Could Talk” about 11 college students of color’s experiences on campus. Following film we will reflect and discuss diversity issues in our classroom and ways to move forward.

WHERE: Palmer 0331

SNACKS PROVIDED!
Did you know that Iowa State has a Lost and Found website where you can report your lost items? You can also use this website to report any items that you have found. Go to the ISU Homepage and then under the Index, click on the I, then scroll down to Lost and Found.

The Kinesiology Lost and Found is located in 237 Forker.
ISSO ADVISING AROUND CAMPUS

Questions for ISSO?

The ISSO Advising team is coming to your college to answer your questions!

9/28/17 College of Engineering
1-3 PM @ Hoover Atrium

10/05/17 College of Business
2-5 PM @ Gerdin, Granite Hallway

10/12/17 College of Liberal Arts & Sciences
1-3 PM @ Carver Lobby

10/19/17 College of Design
1-3 PM @ Design Atrium

10/26/17 College of Human Sciences
1-3 PM @ LeBaron Lobby

11/02/17 College of Agriculture & Life Sciences
1-3 PM @ Curtiss, Harl Commons

Stop by ~ Say hi ~ Ask Questions
~ Enter to win a $5 Starbucks gift card ~

International Students & Scholars Office, 515-294-1120, isso@iastate.edu, www.isso.iastate.edu
Position: Student Admissions Representatives (STAR$) for the Spring 2018 semester

Why should you be a STAR? - STARS can have a huge impact on the prospective students’ college decisions. Check out this evaluation from a guest - “We were very impressed with the caliber of students at each activity and presentation. The students were personable and knowledgeable. They all love their school and it was easy to see that from each of them. They, in large part, sell the school.”

Position Description: STARS is a great volunteer opportunity, a way to share Cyclone pride, and a chance to gain valuable life skills! STARS give daily campus and residence hall tours to prospective students and their families during the school year. Along with daily visits, STARS also help with Experience Iowa State visit days and group visits. STARS typically commit around 8-30 hours per month to help with visits, but the position has a lot of flexibility because we work around your schedule.

Application details: The application can be found online at admissions.iastate.edu/forms/leaders.php
The application is open from October 2 – October 16

Questions? - If students have questions, go to: https://www.admissions.iastate.edu/leaders/stars.php or they can contact Lisa Friesel (lfriesel@iastate.edu).

Become a Kin/A TR Student Ambassador

Job Description
The Ambassadors are students who are selected and trained by the academic advisors to promote Iowa State and the Kinesiology Department. Student Ambassadors talk with prospective students and their families, either during campus visits or over the telephone. They give tours of the Forker labs and explain some of the upper level Kinesiology & Athletic Training classes. They occasionally participate in alumni functions or perform other duties that promote the department such as during Homecoming or other special events.

Eligibility
Student Ambassadors must have positive attitudes and meet the following criteria:

- possess good communication skills
- be active in one or more student groups
- have at least sophomore standing
- have knowledge of the campus and university resources
- have experience working with students from diverse backgrounds
- possess leadership ability
- be in good academic standing
- be willing to serve for up to four hours per month each semester

Selection Process
Students need to be available to escort families & give tours for Experience Iowa State sessions (Mondays & Fridays from 9:40 –10:50 on designated dates.) The KIN academic advising staff will select Student Ambassadors based on the information from their applications and personal interviews as needed.

Orientation/Training
Upon selection, Ambassadors receive approximately two hours of orientation and training. Additionally, Ambassadors are required to study and become familiar with the information provided during training.

Commitment/Compensation
Student Ambassadors will commit approximately four hours per month throughout the
Contact Carol Cordell (515-294-4090) or ccordell@iastate.edu with questions.

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**Human Sciences Career Services**

*What’s Next? Job & Internship Search Strategies*

**When:** Wednesday, October 25th – 4:10-5:00 pm  
**Where:** 1009 LeBaron Conference Room

Career fairs are over, now what? Join Career Services to learn techniques and resources for making the most of your job or internship search. We’ll discuss developing a plan, strategies you hadn’t thought of, and tips for being successful.

This program is open to all College of Human Sciences students.

Contact hscareers@iastate.edu or 515.294.0626 with questions.

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**Tuesday, October 17, 2017 at 6:00 p.m.**  
**Hach Hall Atrium**

A University of Iowa’s Pharmacy Rep will be available to meet with students and answer any questions regarding their program.

*The University of Iowa*  
*College of Pharmacy*  
*Real World | Real Excellence | Real Impact*
The Let's Talk program was initiated by the Student Counseling Center in response to rates of depression and anxiety in students increasing in the last decade.

The program will allow students to come to the counseling office for a less formal counseling session.

It is meant to encourage students to go find out more information about counseling, whether it be for them or someone they know.

http://www.counseling.iastate.edu/outreach/talk

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**USA WEIGHTLIFTING**

We will be hosting a USA Weightlifting Level 1 Certification at University of Northern Iowa

**Date/Time:** Saturday, November 18, 2017 (7:30 a.m.) – Sunday, November 19, 2017 (5:30 p.m.)

**Location:** University of Northern Iowa
Wellness Recreation Center
2301 Hudson Road
Cedar Falls, IA 50614

**Instructor:** Jed Smith
jed.smith@uni.edu
319-415-9163

For more information go to:
https://webpoint.usaweighting.org/wp45/Events2/ViewExt.wp?EventID=104971
Can You Be Born a Couch Potato?

The Genetics of Physical Activity

J. Timothy Lightfoot directs the Hefner Institute for Sports Medicine and Human Performance at Texas A&M University, where his research focuses on the genetics of daily physical activity and exercise endurance. His lab also has a strong interest in the physiological responses of athletes in a variety of non-traditional venues such as auto racing and triathlon. He began his career as a research consultant at NASA’s Biomedical Laboratory and has been on the faculty of Florida Atlantic University and the University of North Carolina at Charlotte. He is currently the Omar Sbiti Endowed Professor of Kinesiology at Texas A&M.

Thursday
October 19, 2017
7 pm - Great Hall Memorial Union

J. Timothy Lightfoot
The Pease Family Scholar

Sponsored by: Kinesthetics, Pease Family Scholar in Residence and Scholarship, Committee on Lectures (funded by Student Government)

CAREER SERVICES PROGRAM

Career Fairs are Over, Now What?

Wednesday, October 25th – 4:10-5:00 pm
1009 LeBaron Conference Room

• Learn techniques for making the most of your job or internship search
• Develop a comprehensive plan and strategies for success

No RSVP required. This program is open to all College of Human Sciences students

Contact: hscareers@iastate.edu or 515.294.0626

IOWA STATE UNIVERSITY
College of Human Sciences Career Services
Academic Coaching Workshop Series

The Academic Coaching staff offers free workshops during the fall and spring semesters. Below is a schedule of the upcoming semester's workshops.

**Academic Coaching Workshop: Midterm Topics!**

**Topic 1: Procrastination, Motivation and Goal Setting**

**Monday, October 14 | 4:00 PM – 5:00 PM** or **Thursday, October 19 | 5:30 PM – 6:30 PM**

**0060 Hixson-Lied Student Success Center**

Students will determine reasons for procrastination and develop strategies to overcome their procrastination. We will also assist students with developing goals and finding motivation during their academic journey.

**Topic 2: Study Skills**

**Wednesday, October 11 | 5:30 PM – 6:30 PM** or **Tuesday, October 17 | 6:00 PM – 7:00 PM**

**0060 Hixson-Lied Student Success Center**

Students will become aware of ways to improve their study skills and exam preparation strategies.

For more information, go to:
www.asc.dso.iastate.edu/coaching/workshop
Roy J. Carver Scholarship
Iowa State University

The Roy J. Carver Scholarship Program is funded by the Carver Charitable Trust in memory of Roy J. Carver, who achieved success through his own initiative and hard work. Scholarships are available to students with great potential and promise, who work hard to make ends meet, or are faced with debilitating circumstances in their lives.

Twenty Roy J. Carver Scholarships are available to ISU students or transfer students who will start their junior year fall semester of the award year. Awards average $5,200 each and will be considered for renewal for the senior year based on maintenance of a cumulative GPA of 2.80 and continued financial need.

To be eligible for the Roy J. Carver scholarship, a student must meet the following criteria:

➢ U.S. Citizen
➢ Graduate of an accredited Iowa high school or have been a resident of the state of Iowa for at least 5 consecutive years immediately prior to application
➢ Junior classification fall semester of the award
➢ Full-time enrollment (12 credits or more)
➢ Minimum cumulative GPA of 2.80
➢ Demonstrate financial need on basis of a Free Application for Federal Student Aid (FAFSA) filed by December 1st
➢ Evidence of significant social and/or economic obstacles

Apply online at:

www.carvertrust.org (click on Scholarships and on-line application)

You will submit the application, an essay and two references through this on-line process.

APPLICATION DEADLINE: APRIL 1

Contact information for the Scholarship Office:

Mailing address: Office of Student Financial Aid
                Scholarship office
                0210 Beardshear Hall

In Person: 0640 Beardshear Hall
By Phone: (515) 294-5625
By e-mail: scholarships@iastate.edu
Research Study on Health Coaching!

Interested in helping us learn whether health coaching improves student health and wellbeing?

If you are between the ages of 18 and 25 and in your first two years at ISU, you can sign up to participate in a research study. You will complete surveys, and may be selected to work with a trained peer health coach over an 8-week period.

For more information or to sign up, contact Katy at KJSOUTH@IASTATE.EDU
Core Athletica® is looking for a part-time Fitness instructor who is highly motivated and charismatic to join our West Des Moines, IA studio. Qualified candidates must possess the following:

- Minimum understanding of Human Anatomy
- Passion for the Health and Wellness Industry
- General fitness certification or equivalent preferred
  - Candidates who are not certified must be willing to become certified within 90 days
- Must be a self-starter who works well with a lot of autonomy
- Strong work ethic and willingness to learn
- Must be CPR and AED certified

Qualified candidates can submit their resume to Melissa Kahler at Melissa@ericaziel.com.
ATTENTION
Pre-Physical, Pre-Occupational Therapy or Exercise Science Students!!

Beth Dahlke, an Occupational Therapist from Homehealth Care at Mary Greeley Medical Center, is looking for student volunteers to assist with an exercise class for older members of the community with balance issues. She works with a class called *A Matter of Balance* and needs assistance for 2 hours per week for 8 weeks. See the attached flyer for more details. Contact her at dahlke@mgmc.com 515/291-2348.

Core Athletica® is looking for a part-time Pilates instructor who is highly motivated and charismatic to join our West Des Moines, IA studio. Qualified candidates must possess the following:

- Minimum understanding of Human Anatomy
- Passion for the Health and Wellness Industry
- Reformer Pilates certification or equivalent preferred
  - Candidates who are not certified must be willing to become certified within 90 days
- Must be a self-starter who works well with a lot of autonomy
- Strong work ethic and willingness to learn
- Must be CPR and AED certified

Qualified candidates can submit their resume to Melissa Kahler at Melissa@ericaziel.com.
The Campus-wide Undergraduate Research program welcomes you back to Iowa State University! If you are already involved in undergraduate research I would encourage you to continue during the Fall 2017. If you are still looking for opportunities to be involved in undergraduate research please [register here](#). If you are not sure that research is for you or where to start I would like to invite you to the multiple information sessions. Below is the schedule of these sessions. You could attend a session on one topic you are interested in or on all topics. The number of openings in every session is limited. Please, fill this short [registration form](#) to reserve your spot.

“How to create a research poster?”

- Tuesday, November 7th, from 3:10 to 4 p.m.

“Graduate school application”, TBA

“How to apply for the Summer Research Experiences for Undergraduates (REU) programs?”

- Tuesday, November 14th, 3:10 – 4 p.m.
- Thursday, November 16th, noon to 1 p.m.

Please, let me know if you have any questions about undergraduate research at ISU.

**Svitlana Zbarska, Ph.D. | Iowa State University**
Undergraduate Research Program Coordinator Campus-Wide
The Office of the Senior Vice President and Provost | University Honors Program
2132 Jischke Honors Building | Ames, IA 50011
email: szbar@iastate.edu
phone: 515.294.2064
Landed
With Le Chiao-Ping Dance

Saturday, December 2nd
@ 7:00 pm

Betty Toman Dance
Studio Theater
Forker 198
Tickets: $10

Dance Scholarship Gala Concert

Saturday, October 21st
@ 7:00 pm

Betty Toman Dance Studio Theater
Forker 198

Tickets: $5 Bleachers & $10 Balcony

Featuring choreography and performances by guest artist Deborah Slater, local professionals, and members of Orchestra I Dance Company.

Local dance professionals and students perform to benefit the ISU Dance Scholarship; proceeds will be awarded to Performing Arts Dance Emphasis Majors and Dance Minors.
Iowa State Dance Press Release

ISU Dance Scholarship Gala Concert 2017

What: Iowa State Dance presents the Annual Dance Scholarship Gala Concert. Orchesis I student dancers, local dance artists and guest artists perform in this contemporary modern dance concert. All proceeds from this concert go to the ISU Dance Scholarship benefiting performing arts dance emphasis majors and dance minors. Featured will be San Francisco based guest artist Alvin Edgar Guest Artist Deborah Slater will be in Residency October 15-21 with 2 of her company dancers. The Scholarship Gala Concert which will include her company and new work on Orchesis I Dancers is Saturday October 21st at 7pm in the Betty Toman Studio Theater Forker 196. Other performers and local choreographers include, Paula McArthur, Kathleen Hurley and Dancers, Ken James, Cynthia Adams and others.

Following a week-long residency teaching and choreographing, Ms. Slater’s new dance choreographed for the ISU Orchesis I dancers will be performed. Two of her company members will also perform solo pieces. The program includes choreography local dance professionals performing their own choreography. These include works by Cynthia Adams (ISU faculty and Fellow Travelers Performance Group co-Artistic Director) Ken James and Paula McArthur, Kathleen Hurley of Hurley and Dancers and Co’Motion Dance.

When: The ISU Dance Scholarship Gala Concert 2017 is one night only: SATURDAY October 21, 2017 at 7:00pm

Where: The Betty Toman Dance Studio 196 Forker Bldg, ISU Campus.

Who: San Francisco Guest Artist Deborah Slater Dance Theater
Cynthia Adams (ISU faculty and FTPG)
Ken James (Fellow Travelers Performance Group (FTP)
Kathleen Hurley (Hurley and Dancers)
Co’Motion Dance
Members of Orchesis I

How: Tickets may be purchased at the door and are $5 for the bleachers, and $10 for the balcony.

INFO: Cynthia Adams- cadams@iastate.edu

Fall 2017 Dance Events

Alvin Edgar Guest Artist Deborah Slater will be in Residency October 15-21 with 2 of her company dancers. The Scholarship Gala Concert which will include her company and new work on Orchesis I Dancers is Saturday October 21st at 7pm in the Betty Toman Studio Theater Forker 196. Other performers and local choreographers include, Paula McArthur, Kathleen Hurley and Dancers, Ken James, Cynthia Adams and others.

Li Chiao-Ping Dance Company is coming to perform 'Landed' December 2nd at 7pm in the Betty Toman Studio Theater Forker 196.
Ping in collaboration with visual artist, Douglas Rosenberg, examines and explores the immigrant experience, drawing from stories of Angel Island immigrants in the early 20th century and cast members' personal family histories, some recent and some dating back several generations. The meta-narrative of the work brings the immigration discussion closer to home, presenting the opportunity to question and challenge our country's policies and climate. Ranging in age from their 20s to 70s, the performers share and hold the stage to represent our conjoined and often complicated personal, yet universal, journeys from one land to another and from past to present. Engaging with local audiences about their own unique stories is important to the continuation and growth of this project. In addition to post-performance discussions with the artists, LCPD also plans to involve local dancers and community members in the project, either through the recording or performing--danced and/or spoken--of their stories.

Ms. Li’s inspiration for LANDED came from her visit to Angel Island in San Francisco, primary research of original letters and poetry written by immigrants, and her own connection as a first-generation Chinese-American artist. Originally thinking that Angel Island was much like the Ellis Island, she came to discover that this was untrue; most immigrants were incarcerated there and some never set foot as free individuals in the U.S. Through further research and consultation with immigration experts from the fields of Law, History, and Asian American studies, Ms. Li has built a multi-media, choreographic work that investigates the immigrant experience through stories – her personal story, the stories of Angel Island immigrants from the early 1900s, and stories from contemporary artist immigrants who face similar and unique challenges of culture, identity and acceptance today.

ABOUT LI CHIAO-PING DANCE Choreographer and performer Li Chiao-Ping founded Li Chiao-Ping Dance in 1990 and has made Madison, Wisconsin the company’s home since 1993. As a choreographer/director, Li Chiao-Ping has created, produced and performed over 130 works for the stage and screen and has collaborated with many artists, including her long-time creative partner, visual artist Douglas Rosenberg. LCPD’s first production in Madison was in 1995 at the Isthmus Playhouse at the Madison Civic Center. The company was invited to be a resident company at the Overture Center for the Arts in 2006. In addition to performing 2-3 times in Dane County each year, LCPD also regularly tours nationally. LCPD is committed to engaging with its community and audience members through outreach, performance, and mentoring opportunities. LCPD’s educational programs span from youth classes throughout the year to a week-long Summer Dance Camp and Intensive to classes at Madison Senior Center, where Ms. Li has taught since 2001.
Please be aware of the construction taking place in Forker as we work to make our building a more beautiful and up-to-date facility for all those that enter our doors. Thank you for your patience!!
A TR/KIN AFFILIATED CLUBS
INFORMATION & MEETING TIMES

**ExerCYse is Medicine**

To encourage regular physical activity and understanding of its health benefits by members of the ISU campus and the Ames, IA community. A secondary aim of ExerCYse is medicine is to encourage health care providers to include physical activity as a 'vital sign,' including the consideration and recommendation of physical activity when designing treatment plans. ExerCYse is Medicine is committed to the belief that physical activity is integral in the prevention and treatment of disease and should be a part of medical care. ExerCYse is Medicine ambassadors will be active volunteers at events to help communicate this message. This organization is directly affiliated with the Iowa State University Department of Kinesiology and the American College of Sports Medicine.

For more information, contact club President - [Genevieve Hepworth](mailto:genevieve.hepworth@iastate.edu)

**Fellowship of Athletic Training Students**

To provide leadership and educational opportunities for Athletic Training Students at ISU.

For more information, contact club President - [Megan Blomberg](mailto:megan.blomberg@iastate.edu)

**Health Promotion Club**

To encourage healthy living among the campus and community while providing students with an opportunity to practice what is learned in the classroom and gain knowledge in relevant health topics.

NEXT MEETING: **Tuesday, October 17, 2017 at 6:00 p.m. in Forker 278**

For more information, contact club Adviser - [Denise Denton](mailto:denise.denton@iastate.edu)

**Iowa State Pre-Dental Club**

To aid all pre-dental ISU students with any questions they may have regarding dental school. We will cover everything from applications to admission. Our purpose is to help with anything related to the dental profession.

For more information, contact club President - [Noah Hart](mailto:noah.hart@iastate.edu)
Facilitates activities that relate to physical activity, wellness and health. In addition to introducing students to the ideas of establishing and maintaining an active and healthy lifestyle, while sharing that information with the community.

NEXT MEETING: Tuesday, October 24, 2017 at 6:30 p.m. in Forker 279

For more information, contact club President - Mallory Majors

KINESIOLOGY GRADUATE STUDENT ASSOCIATION

To increase cohesiveness of graduate students on assistantship and those who are not on assistantship, to increase the visibility of HHP graduate program, as well as the dept. in general, to serve as an academic and social forum for HHP graduate students.

For more information, contact club President - Paul Khoo

LADIES IN FITNESS TRAINING (LiFT)

To help women advance in all fitness related activities. LiFT provides members with a place to ask questions and learn about weightlifting and fitness related activities, an encouraging and motivating atmosphere, resources to build a support system of strong willed and compassionate friends, and opportunities for involvement with activities in the club, at Iowa State University, and in the community.

For more information, contact club President - Mason Schroeder

ORCHESIS I DANCE COMPANY

Orchesis I is a student organization specializing in aspects of professional dance training. The company was established in 1926 as Iowa State's first dance group. We look for the best and brightest dancers who are open to change, growth, and development with their dancing and performing.

MEETS: Thursdays from 7:00 to 8:30 p.m. in Forker 0196

For more information, contact club President – Rachel Tucker

ORCHESIS II

Orchesis II is a non-audition dance company in which all individuals are welcome to participate regardless of their experience in dance training. Orchesis II strives to enhance a comfortable learning environment by providing performance opportunities for members. Orchesis II works in many genres of dance including tap, hip-hop, modern, jazz, Latin, and many, many others.

MEETS: Tuesdays from 7:00 to 8:30 in Forker 0196

For more information, contact club President – Laura Behrends or Haley Klusman

PHYSICAL EDUCATION CLUB

To promote staying active through a variety of planned activities. In addition, the club will provide knowledge and information about physical education and related areas, while creating professional relationships among members, faculty/staff at Iowa State University, and professionals throughout
PRE-MEDICAL PROFESSIONS CLUB

To better prepare Pre-Medical students for acceptance into the medical field and to answer any questions about the path to and beyond medical school.

MEETS: Wednesday, October 18, 2017 at 7:00 p.m. in Physics 0003
Topic: Physician speaker, Dr. Laura Moeller from the Student Health Center

For more information, contact club President - Kacie Schumann

PRE-OCcupATIONAL THERAPY CLUB

To give students the resources and information they need to be successful in a career in Occupational Therapy. The goal is to prepare students in many different aspects to become accepted into a graduate program. Including admission requirements, networking, and other necessary skills that will help them gain the knowledge and experience they need to achieve their goals in this field.

For more information, contact club President - Benjamin Dralle

PRE-OPTOMETRY CLUB

Explores the field of optometry as well as optometry schools by visiting local optometrists, listening to optometry school representatives speak about their school and related activities.

NEXT MEETING: Tuesday, October 17, 2017 at 6:00 p.m. in Forker 291

For more information, contact club President - Kimberlie Hodne

PRE-PHYSICAL THERAPY CLUB

To promote networking, individual growth, and preparation for future physical therapy professionals.

For more information, contact club President - Dalton Frick

PRE-PHYSICIAN ASSISTANT CLUB

To educate students about the Physician’s Assistant profession. We also help students with the application and interview process so they are adequately prepared when meeting with a potential employer or school.

For more information, contact club President - Julia Nguyen

TAP IOWA STATE

This group has weekly meetings that centers on learning, sharing, and refining tap and rhythmic dance skills. The membership is open to all Iowa State students who are interested in learning tap
commitment.

For more information, contact club President – Kendra Beaman

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**THE KIN COLLECTIVE**

This organization serves to build a stronger sense of community within students of color in the Kinesiology department, connect them to more resources and opportunities, and to help create a departmental connection so that students can foster the relationships necessary to excel in their field of study.

For more information, contact club President - Artoria Jung