

KINESIOLOGY AND HEALTH B.S. DEGREE
PRE-HEALTH PROFESSIONS-OCCUPATIONAL THERAPY
2017-2018 SAMPLE FOUR-YEAR PLAN

Semester 1 - Freshman Year	Credit
KIN 252-Disciplines & Professions in Kin H	1
KIN 253-Orientation & Learning Community	1
BIOL 211-Principles of Biology I	3
BIOL 211L-Principles of Biology Lab I	1
H S 110-Personal & Consumer Health	3
PSYCH 101-Introduction to Psychology	3
ENGL 150-Critical Thinking & Communication	3
LIB 160-Information Literacy	1
Total	16

Semester 2 - Freshman Year	Credit
KIN 258-Physical Fitness & Conditioning	2
BIOL 212-Principles of Biology II	3
BIOL 212L-Principles of Biology Lab II	1
SOC 134-Introduction to Sociology	3
MATH 140, 143, 145, 165, or 181	3-4
Humanities Choice	3
Total	15-16

Semester 3 - Sophomore Year	Credit
BIOL 255 & 255L-Human Anatomy & Lab*	4
CHEM 163/L or 177/L-General Chemistry	5
ENGL 250-Written, Oral, Visual & Elect Comp	3
PSYCH 230-Developmental Psychology	3
Elective	1
Total	16

Semester 4 - Sophomore Year	Credit
BIOL 256 & 256L-Human Physiology & Lab**	4
PHYS 111 or 115-General Physics	4-5
Social Science Choice	3
Humanities Choice	3
KIN 242-Planning Success in Health Careers	.5
Elective	1
Total	15.5-16.5

Semester 5 - Junior Year	Credit
KIN 366 or 365-Exercise or Sport Psych	3
KIN 372-Motor Control & Learning	3
STAT 101 or 104-Statistics	3-4
SP CM 212-Fund of Public Speaking	3
Electives	3
Total	15-16

Semester 6- Junior Year	Credit
KIN 355-Biomechanics	3
KIN 360-Sociology of Sport & Exercise	3
H S 350-Human Diseases	3
PHIL 331-Moral Problems in Medicine**	3
Electives	3
Total	15

Semester 7 - Senior Year	Credit
KIN 358-Physiology of Exercise	3
PSYCH 460-Abnormal Psychology	3
FS HN 367-Medical Terminology	1
ENGL 302, 314, or SP CM 312	3
Electives (300+ Level Courses)	6
Total	16

Semester 8 - Senior Year	Credit
KIN 400-Level Courses ⁺	9
Electives (300+ Level Course)	3
PSYCH, SOC, or Humanities Choice	3
Elective	1
Total	16

* Fall Only Course

**Spring Only Course

⁺KIN 400 Level Course Choices: KIN 455, 458, 462, 467, 472, 473*, 480, H S 464**

Students must complete a 3 credit course in [U.S. Diversity](#) and a 3 credit course in [International Perspectives](#). Check the ISU website at <http://www.registrar.iastate.edu/students/div-ip-guide> for a list of approved courses. Students must also complete a minimum of 46 credits in 300-400 level courses and complete a total of 124 credits to graduate. Four year plans are arranged with courses in prerequisite sequence and within the term a course is usually offered. This is a sample plan - always use the degree audit as the "official" documentation of progress toward a degree.