

ATHLETIC TRAINING B.S. DEGREE
2017-2018 SAMPLE FOUR-YEAR PLAN

Semester 1 - Freshman Year	Credit
A TR 218-Orient to A TR Clinical Experience*	.5
KIN 252-Disciplines & Professions in Kin H	1
KIN 253-Orientation & Learning Community	1
BIOL 255-Human Anatomy*	3
BIOL 255L-Human Anatomy Lab*	1
ENGL 150-Critical Thinking & Comm	3
H S 110-Personal & Consumer Health	3
PSYCH 101 or 230-Intro or Dev Psychology	3
LIB 160-Information Literacy	1
Total	16.5

Semester 2 - Freshman Year	Credit
A TR 221-Pre-AT Clinical Practicum**	1
A TR 222-Basic Athletic Training for ATs**	3
BIOL 256-Human Physiology**	3
BIOL 256L-Human Physiology Lab**	1
FS HN 167-Intro to Human Nutrition	3
STAT 101 or 104-Statistics	3-4
SOC 134-Introduction to Sociology	3
Total	17-18

Semester 3 - Sophomore Year	Credit
A TR 219-Clinical Practicum in AT*	1
A TR 223-Clinical Practicum in AT*	1
A TR 226-Eval of Athletic Injuries II*	3
A TR 227-Athletic Injuries II Clinical Pract*	1
KIN 258-Physical Fitness & Conditioning	2
ENGL 250-Written, Oral, & Visual Comp	3
MATH 140, 143, 145, 165 or 181	3-4
Total	14-15

Semester 4 - Sophomore Year	Credit
A TR 224-Evaluation of Athletic Injuries I**	3
A TR 225-Athletic Injuries I Clinical Pract**	1
A TR 240-Intro to Taping, Equip, & Bracing**	1
KIN 266-Adv Strength Training & Cond	2
PHYS 111 or 115-General Physics	4-5
H S 215-Drug Education	3
Humanities Choice	3
Total	17-18

Semester 5 - Junior Year	Credit
A TR 323-Therapeutic Modalities for ATs*	3
A TR 324-Ther Modalities Clinical Pract*	1
KIN 355-Biomechanics	3
CHEM 163-College Chemistry	4
CHEM 163L-Lab in College Chemistry	1
Social Science Choice	3
Total	15

Semester 6- Junior Year	Credit
A TR 326-Rehab of Athletic Injuries**	3
A TR 327-Rehab of Ath Injuries C. Pract**	1
KIN 358-Physiology of Exercise	3
KIN 365-Sport Psychology	3
H S 350-Human Diseases	3
SP CM 212-Fund of Public Speaking	3
Total	16

Semester 7 - Senior Year	Credit
A TR 425-Org & Admin of Athletic Training*	3
A TR 450-Med Concerns for the Ath Trainer*	3
KIN 360-Sociology of Sport & Exercise	3
Humanities Choice	3
Electives (300+ Level Course)	3
Total	15

Semester 8 - Senior Year	Credit
A TR 488-Evid Based Med Disc in AT**	2
A TR 489-Review of AT Competencies	1
KIN 445-Legal Aspects of Sport**	3
HS 305-Instructor's First Aid & CPR	2
KIN 480-Functional Anatomy	3
ENGL 302, 314, or SP CM 312	3
Total	14

* Fall Only Course

**Spring Only Course

Students must complete a 3 credit course in [U.S. Diversity](#) and a 3 credit course in [International Perspectives](#). Check the ISU website at <http://www.registrar.iastate.edu/students/div-ip-guide> for a list of approved courses. Students must also complete a minimum of 46 credits in 300-400 level courses and complete a total of 124 credits to graduate. Four year plans are arranged with courses in prerequisite sequence and within the term a course is usually offered. This is a sample plan - always use the degree audit as the "official" documentation of progress toward a degree.