

**KINESIOLOGY AND HEALTH B.S. DEGREE
COMMUNITY AND PUBLIC HEALTH
2017-18 SAMPLE FOUR-YEAR PLAN**

Semester 1 - Freshman Year	Credit	Semester 2 - Freshman Year	Credit
KIN 252-Disciplines & Professions in Kin H	1	CHEM 163-College Chemistry	4
KIN 253-Orientation & Learning Community	1	CHEM 163L-Lab in College Chemistry	1
BIOL 211-Principles of Biology I	3	H S 105-First Aid and Emergency Care	2
BIOL 211L-Principles of Biology Lab I	1	KIN 258-Physical Fitness & Conditioning	2
H S 110-Personal and Consumer Health	3	FS HN 167-Intro to Human Nutrition	3
ENGL 150-Crit Thinking & Comm	3	PSYCH 230-Developmental Psychology	3
PSYCH 101-Introduction to Psychology	3	Elective	1
LIB 160-Information Literacy	1		
Total	16	Total	16
Semester 3 - Sophomore Year	Credit	Semester 4 - Sophomore Year	Credit
BIOL 255-Human Anatomy*	3	BIOL 256-Human Physiology**	3
BIOL 255L-Human Anatomy Lab*	1	BIOL 256L-Human Physiology Lab**	1
ENGL 250-Written, Oral, & Visual Comp	3	H S 215-Drug Education	3
STAT 101 or 104-Statistics	3-4	SP CM 212-Fund of Public Speaking	3
SOC 134-Introduction to Sociology	3	Humanities Choice	3
HD FS 270-Family Comm and Relationships	3	Electives	3
Total	16-17	Total	16
Semester 5 - Junior Year	Credit	Semester 6- Junior Year	Credit
KIN 358-Physiology of Exercise	3	H S 385-Strat for Prof School & Fld Exp	.5
H S 310-Community and Public Health	3	H S 464 - Physical Activity Epid** or VDPAM 428-Princ. Epid and Pop Health**	3
H S 350-Human Diseases	3	MICRO 201-Intro to Microbiology	2
HD FS 377-Aging and the Family* or HD FS 395-Children, Families & Public Pol	3	MICRO 201L-Intro Microbiology Lab	1
PSYCH 485-Health Psychology*	3	HD FS 449 or ENGL 309-Proposal Writing	3
Elective	1	Humanities Choice	3
		Elective	3
Total	16	Total	15.5
Semester 7 - Senior Year	Credit	Semester 8 - Senior Year	Credit
P R 220 or 305-Public Rel/Pub Methods	3	H S 485-Internship in Health Promotion	8-16
H S 430-Community Health Prog Dev*	3		
ENGL 302, 314, or SP CM 312	3		
Electives (300+ level courses)	6		
Total	15	Total	8-16

* Fall Only Course

**Spring Only Course

Students must complete a 3 credit course in [U.S. Diversity](#) and a 3 credit course in [International Perspectives](#). Check the ISU website at <http://www.registrar.iastate.edu/students/div-ip-guide> for a list of approved courses. Students must also complete a minimum of 46 credits in 300-400 level courses and complete a total of 124 credits to graduate. Four year plans are arranged with courses in prerequisite sequence and within the term a course is usually offered. This is a sample plan - always use the degree audit as the "official" documentation of progress toward a degree.