

**KINESIOLOGY AND HEALTH B.S. DEGREE  
COMMUNITY AND PUBLIC HEALTH  
2015-16 SAMPLE FOUR-YEAR PLAN**

<b>Semester 1 - Freshman Year</b>	<b>Credit</b>	<b>Semester 2 - Freshman Year</b>	<b>Credit</b>
KIN 252-Disciplines & Professions in Kin H	1	CHEM 163-College Chemistry	4
KIN 253-Orientation in Kin H	1	CHEM 163L-Lab in College Chemistry	1
BIOL 211-Principles of Biology I	3	H S 105-First Aid and Emergency Care	2
BIOL 211L-Principles of Biology Lab I	1	KIN 258-Physical Fitness & Conditioning	2
H S 110-Personal and Consumer Health	3	FS HN 167-Intro to Human Nutrition	3
ENGL 150-Crit Thinking & Comm	3	<a href="#">Social Science Choice</a>	3
PSYCH 230-Developmental Psychology	3		
LIB 160-Information Literacy	1		
Total	16	Total	15

<b>Semester 3 - Sophomore Year</b>	<b>Credit</b>	<b>Semester 4 - Sophomore Year</b>	<b>Credit</b>
BIOL 255-Human Anatomy*	3	BIOL 256-Human Physiology**	3
BIOL 255L-Human Anatomy Lab*	1	BIOL 256L-Human Physiology Lab**	1
ENGL 250-Written, Oral, & Visual Comp	3	H S 215-Drug Education	3
STAT 101 or 104-Statistics	3-4	SP CM 212-Fund of Public Speaking	3
<a href="#">Social Science Choice</a>	3	<a href="#">Humanities Choice</a>	3
Elective	3	Elective	3
Total	16-17	Total	16

<b>Semester 5 - Junior Year</b>	<b>Credit</b>	<b>Semester 6- Junior Year</b>	<b>Credit</b>
KIN 366-Exercise Psychology	3	H S 380-Worksite Health Promotion	3
KIN 358-Physiology of Exercise	3	H S 385-Strat for Prof School & Fld Exp	R
H S 310-Community & Public Health	3	H S 464 - Physical Activity Epidemiology**	3
H S 350-Human Diseases	3	MICRO 201-Intro to Microbiology	2
Electives	4	MICRO 201L-Intro Microbiology Lab	1
		HD FS 449 or ENGL 309-Proposal Writing	3
		<a href="#">Humanities Choice</a>	3
Total	16	Total	15

<b>Semester 7 - Senior Year</b>	<b>Credit</b>	<b>Semester 8 - Senior Year</b>	<b>Credit</b>
P R 220 or 305-Public Rel/Pub Methods	3	H S 485-Internship in Health Promotion	8-16
H S 430-Community Health Prog Dev*	3		
ENGL 313 or HD FS 395-Website Des/Pub Policy	3		
ENGL 302, 314, or SP CM 312	3		
Electives	4		
Total	16	Total	8-16

\* Fall Only Course

\*\*Spring Only Course

Students must complete a 3 credit course in [U.S. Diversity](#) and a 3 credit course in [International Perspectives](#). Check the ISU website at <http://www.registrar.iastate.edu/students/div-ip-guide> for a list of approved courses. Students must also complete a minimum of 46 credits in 300-400 level courses and complete a total of 124 credits to graduate. Four year plans are arranged with courses in prerequisite sequence and within the term a course is usually offered. This is a sample plan - always use the degree audit as the "official" documentation of progress toward a degree.