

**KINESIOLOGY AND HEALTH B.S. DEGREE
PRE-HEALTH PROFESSIONS-PHYSICIAN ASSISTANT
2015-16 SAMPLE FOUR-YEAR PLAN**

Semester 1 - Freshman Year		Credit	Semester 2 - Freshman Year		Credit
KIN 252-Disciplines & Professions in Kin H	1		BIOL 212-Principles of Biology II	3	
KIN 253-Orientation in Kin H	1		BIOL 212L-Principles of Biology Lab II	1	
BIOL 211-Principles of Biology I	3		CHEM 178-General Chemistry II	3	
BIOL 211L-Principles of Biology Lab I	1		CHEM 178L-Lab in General Chemistry II	1	
CHEM 177-General Chemistry I	4		H S 110-Personal and Consumer Health	3	
CHEM 177L-Lab in General Chemistry I	1		MATH 140, 143, 145, 165, or 181	3-4	
ENGL 150-Crit Thinking & Comm	3		PSYCH 101-Intro to Psychology	3	
LIB 160-Information Literacy	1				
Total	15		Total	17-18	
Semester 3 - Sophomore Year		Credit	Semester 4 - Sophomore Year		Credit
BIOL 255 & 255L-Human Anatomy*	4		BIOL 256 & 256L-Human Physiology**	4	
CHEM 231/L or 331/L-Organic Chemistry	4		STAT 101 or 104-Statistics	3-4	
KIN 258-Physical Fitness & Conditioning	2		SOC 134-Introduction to Sociology	3	
ENGL 250-Written, Oral, & Visual Comp	3		SP CM 212-Fund of Public Speaking	3	
PSYCH 230-Developmental Psychology	3		Humanities Choice	3	
Total	16		Total	16-17	
Semester 5 - Junior Year		Credit	Semester 6 - Junior Year		Credit
KIN 366 or 365-Exercise or Sport Psych	3		PHYS 111 or 115-General Physics	4-5	
KIN 372-Motor Control & Learning	3		KIN 360-Sociology of Sport	3	
BBMB 316 or 404-Biochemistry	3		KIN 385-Strat for Prof School & Fld Exp	R	
PSYCH 460-Abnormal Psychology	3		H S 350-Human Diseases	3	
Electives	4		BIOL 313 & 313L-Genetics	4	
Total	16		Total	14-15	
Semester 7 - Senior Year		Credit	Semester 8 - Senior Year		Credit
KIN 355-Biomechanics	3		KIN 400 Level Courses ⁺	9	
KIN 358-Physiology of Exercise	3		Electives (300+ Level Courses)	6	
MICRO 201/L or 302/L-Microbiology	3-4				
ENGL 302, 314, or SP CM 312	3				
Humanities Choice	3				
Total	15-16		Total	15	

* Fall Only Course

**Spring Only Course

⁺KIN 400 Level Course Choices: KIN 455, 458, 462, 467, 472, 473*, 480, H S 464**

Students must complete a 3 credit course in [U.S. Diversity](#) and a 3 credit course in [International Perspectives](#). Check the [ISU website](#) for a list of approved courses. Students must also complete a minimum of 46 credits in 300-400 level courses and complete a total of 124 credits to graduate. Four year plans are arranged with courses in prerequisite sequence and within the term a course is usually offered. This is a sample plan - always use the degree audit as the "official" documentation of progress toward a degree.

May 2015