

KINESIOLOGY AND HEALTH B.S. DEGREE
PRE-HEALTH PROFESSIONS-OCCUPATIONAL THERAPY
2014-2015 SAMPLE FOUR PLAN

| | | | |
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| Semester 1 - Freshman Year | Credit | Semester 2 - Freshman Year | Credit |
| KIN 252-Disciplines & Professions in Kin H | 1 | KIN 258-Physical Fitness & Conditioning | 2 |
| KIN 253-Orientation in Kin H | 1 | BIOL 212-Principles of Biology II | 3 |
| BIOL 211-Principles of Biology I | 3 | BIOL 212L-Principles of Biology Lab II | 1 |
| BIOL 211L-Principles of Biology Lab I | 1 | SOC 134-Introduction to Sociology | 3 |
| H S 110-Personal and Consumer Health | 3 | MATH 140, 143, 145, 165 or 181 | 3-4 |
| PSYCH 101-Intro to Psychology | 3 | Humanities Choice | 3 |
| ENGL 150-Crit Thinking & Comm | 3 | | |
| LIB 160-Information Literacy | 1 | | |
| Total | 16 | Total | 15-16 |
| Semester 3 - Sophomore Year | Credit | Semester 4 - Sophomore Year | Credit |
| BIOL 255 & 255L-Human Anatomy | 4 | BIOL 256 & 256L-Human Physiology | 4 |
| CHEM 163 & 163L or CHEM 177 & 177L | 4-5 | PHYS 115 or 111-General Physics | 4-5 |
| ENGL 250-Written, Oral, & Visual Comp | 3 | Social Science Choice | 3 |
| PSYCH 230-Developmental Psychology | 3 | Humanities Choice | 3 |
| Elective | 1 | Elective | 1 |
| Total | 15-16 | Total | 15-16 |
| Semester 5 - Junior Year | Credit | Semester 6- Junior Year | Credit |
| KIN 366 or 365-Exercise or Sport Psych | 3 | KIN 355-Biomechanics | 3 |
| KIN 372-Motor Control & Learning | 3 | KIN 360-Sociology of Sport | 3 |
| STAT 101, 104-Statistics | 3-4 | KIN 385-Strat for Prof School & Fld Exp | R |
| SP CM 212-Fund of Public Speaking | 3 | H S 350-Human Diseases | 3 |
| Electives | 4 | PHIL 331-Moral Problems in Medicine | 3 |
| | | Electives | 4 |
| Total | 16-17 | Total | 16 |
| Semester 7 - Senior Year | Credit | Semester 8 - Senior Year | Credit |
| KIN 358-Physiology of Exercise | 3 | KIN 400 Level Courses* | 9 |
| PSYCH 460-Abnormal Psychology | 3 | Elective (300+ Level Course) | 3 |
| FS HN 367-Medical Terminology | 1 | Social Science or Humanities Choice | 3 |
| ENGL 302, 314, or SP CM 312 | 3 | | |
| Elective (300+ Level Course) | 6 | | |
| Total | 16 | Total | 15 |

*KIN 400 Level Course Choices: KIN 455, 458, 462, 467, 472, 473, 480, 481-484, H S 464

Students must complete a 3 credit course in U.S. Diversity and a 3 credit course in International Perspectives. Check the ISU website at <http://www.registrar.iastate.edu/students/div-ip-guide> for a list of approved courses. Students must also complete a minimum of 46 credits in 300-400 level courses and complete a total of 124 credits to graduate. Four year plans are arranged with courses in prerequisite sequence and within the term a course is usually offered. This is a sample plan - always use the degree audit as the "official" documentation of progress toward a degree.

February 2014