

KINESIOLOGY AND HEALTH B.S. DEGREE
PHYSICAL EDUCATION TEACHER EDUCATION WITH HEALTH ENDORSEMENT
SAMPLE ACADEMIC PLAN - 2013-2014 CATALOG

Semester 1 - Freshman Year	Credit	Semester 2 - Freshman Year	Credit
KIN 252-Disciplines & Professions in Kin H	1	C I 204-Social Found of Educ in U.S.	3
KIN 253-Orientation in Kin H	1	DANCE 211-Fund of Social & World Dance	2
H S 110-Personal and Consumer Health	3	KIN 232 or 233-Fund of Team Sports	1
PSYCH 230-Developmental Psychology	3	SOC 134-Introduction to Sociology	3
ENGL 150-Crit Thinking & Comm	3	SP CM 212-Fund of Public Speaking	3
MATH 104, 140, or higher level	3	PHYS 115-Physics for the Life Sciences	4
Humanities (International Perspective)	3	H S 105-First Aid & Emergency Care	2
LIB 160-Information Literacy	1		
Total	18	Total	18

Semester 3 - Sophomore Year	Credit	Semester 4 - Sophomore Year	Credit
KIN 258-Physical Fitness & Conditioning	2	KIN 230-Fundamentals of Aquatics**	1
KIN 312-Movement Educ in Elem PE*	1	C I 202-Learning Tech in 7-12 Classroom	3
KIN 280-Directed Field Exp in Elem PE	1	BIOL 256-Human Physiology	3
KIN 231-Fund of Tumbling & Gymnastics*	1	BIOL 256L-Human Physiology Lab	1
KIN 238-Fund of Outdoor & Adventure Act*	3	H S 215-Drug Education	3
BIOL 255-Human Anatomy	1	H S 305-Instructor's First Aid & CPR	2
BIOL 255L-Human Anatomy Lab	3	Social Science Choice	3
ENGL 250-Written, Oral, & Visual Comp	3		
FS HN 167-Intro to Human Nutrition	3		
Total	18	Total	16

Semester 5 - Junior Year	Credit	Semester 6- Junior Year	Credit
KIN 281-Directed Field Exp in Sec PE*	1	KIN 313-Secondary PE Methods**	3
KIN 235 or 236-Fund of Rac or Indiv Sports	1	KIN 471-Measurement in PE**	3
KIN 355-Biomechanics	3	KIN 358-Physiology of Exercise	3
KIN 365-Sport Psychology	3	KIN 360-Sociology of Sport	3
KIN 395-Adapted Physical Education*	3	HD FS 276-Human Sexuality	3
H S 310-Community & Public Health	3	Humanities (American History)	3
H S 350-Human Diseases	3		
Total	17	Total	18

Semester 7 - Senior Year	Credit	Semester 8 - Senior Year	Credit
KIN 475-PE Curriculum Design & Prog Coord*	3	KIN 417-Supervised Teaching PE, Secondary	8
KIN 372-Motor Control & Learning	3	KIN 418-Supervised Teaching PE, Elem	8
H S 375-Teaching in Health Education*	3		
H S 390-Admin of School Health Program*	3		
C I 406-Multi Found of School & Society	3		
ENGL 302, 314, or SP CM 312	3		
Total	18	Total	16

***Fall Only**

****Spring Only**

Students must complete a 3 credit course in U.S. Diversity and a 3 credit course in International Perspectives. Students must also complete a minimum of 46 credits in 300-400 level courses and complete a total of 124 credits to graduate. Four year plans are arranged in prerequisite sequence and within the term a course is usually offered. This is a sample plan - always use the degree audit for "official" documentation. June, 2013