

BS Degree in Kinesiology and Health
 PRE-HEALTH - PRE-PHYSICAL THERAPY
 2011-12 and 2012-13

Semester 1 - Freshman Year	Credit	Semester 2 - Freshman Year	Credit
BIOL 211-Princ of Biology	3	BIOL 212-Princ of Biology II	3
BIOL 211L-Princ of Biology Lab	1	BIOL 212L-Princ of Biology II Lab	1
ENGL 150-Composition 1	3	PSYCH 101 or 230-Psychology	3
KIN 252-Kines Disc & Professions	1	MATH 142, 165, 181-Trig or Calc	3to4
KIN 253-Kines Orientation	1	KIN 258-Phys Fit/Conditioning	2
KIN 254-Kines Learn Comm (Fr)	0.5	Humanities Choice	3
H S 110-Pers Consumer Health	3		
LIB 160-Library Orientation	1		
Soc 134-Intro Sociology	3		
Total	16.5	Total	15-16

Semester 3 - Sophomore Year	Credit	Semester 4 - Sophomore Year	Credit
BIOL 255 & 255L or 351-Anatomy	4to5	BIOL 256 & 256L or 335-Physiology	4
CHEM 177-Gen Chemistry	4	CHEM 178-Gen Chemistry II	3
CHEM 177L-Gen Chemistry Lab	1	CHEM 178L-Gen Chemistry II Lab	1
ENGL 250-Composition II	3	Social Science Choice	3
Humanities	3	Elective	5
Total	15-16	Total	16

Semester 5 - Junior Year	Credit	Semester 6 - Junior Year	Credit
KIN 365 or 366-Ex/Spt Psych	3	KIN 355-Biomechanics	3
STAT 101, 104 or 226	3to4	KIN 360-Sport Sociology	3
PHYS 111-Physics I	4	KIN 385-Job Search Skills	R
SP CM 212-Fund of Speech	3	H S 350-Human Diseases	3
Elective	3	PHYS 112-Physics II	4
		Elective	3
Total	16-17	Total	16

Semester 7 - Senior Year	Credit	Semester 8 - Senior Year	Credit
KIN 358-Exercise Physiology	3	KIN 400-level Courses *	9
KIN 372-Motor Control	3	Electives	6
ENGL 302, 314 or SP CM 312	3		
Choose from: BIOL 355, 351 or 6 cr in Psych 300+	5to6		
Total	14-15	Total	15

* Kin 400+ Course Choices (9 cr): KIN 455, 458, 462, 467 472, 480, 481-484, 495

Students must complete a 3-credit course in US Diversity and a 3-credit course in International Perspectives. Check ISU homepage for list of approved courses. You must complete a minimum of 46 credits in 300/400 level courses and a total of 124 credits for graduation. Four year plans are arranged with courses in prerequisite sequence and within the term a course is usually offered. This is a SAMPLE plan - use the degree audit as "official" documentation of progress towards your degree.

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