

B.S. Degree In Kinesiology and Health  
PRE-HEALTH - PRE-MEDICINE  
2011-12 and 2012-13

<b>Semester 1 - Freshman Year</b>	<b>Credit</b>	<b>Semester 2 - Freshman Year</b>	<b>Credit</b>
BIOL 211-Princ of Biology	3	BIOL 212-Princ of Biology II	3
BIOL 211L-Princ of Biology Lab	1	BIOL 212L-Princ of Biology II Lab	1
CHEM 177-General Chemistry	4	CHEM 178-Gen Chemistry II	3
CHEM 177L-General Chem Lab	1	CHEM 178L-Gen Chem II Lab	1
ENGL 150-Composition 1	3	H S 110-Pers Consumer Health	3
KIN 252-Kines Disc & Professions	1	MATH 165 or 181-Calculus	4
KIN 253-Kines Orientation	1	PSYCH 101 or 230-Psychology	3
KIN 254-Kines Learn Comm (Fr)	0.5		
LIB 160-Library Orientation	1		
Total	15.5	Total	18

<b>Semester 3 - Sophomore Year</b>	<b>Credit</b>	<b>Semester 4 - Sophomore Year</b>	<b>Credit</b>
BIOL 255 & 255L or 351-Anatomy	4to5	BIOL 256 & 256L or 335-Physiology	4
CHEM 331-Org Chemistry	3	CHEM 332-Org Chemistry II	3
CHEM 331L-Org Chem Lab	1	CHEM 332L-Org Chem II Lab	1
ENGL 250-Composition II	3	SOC 134-Intro Sociology	3
KIN 258-Phys Fit/Conditioning	2	Elective	3
Humanities Choice	3		
Total	16-17	Total	14

<b>Semester 5 - Junior Year</b>	<b>Credit</b>	<b>Semester 6 - Junior Year</b>	<b>Credit</b>
KIN 365 or 366-Spt/Ex Psych	3	KIN 355-Biomechanics	3
STAT 101, 104 or 226	3to4	KIN 360-Sport Sociology	3
PHYS 111-Physics I	4	KIN 385-Job Search Skills	R
SP CM 212-Fund of Speech	3	H S 350-Human Diseases	3
Social Science Choice	3	PHYS 112-Physics II	4
		Humanities Choice	3
Total	16-17	Total	16

<b>Semester 7 - Senior Year</b>	<b>Credit</b>	<b>Semester 8 - Senior Year</b>	<b>Credit</b>
KIN 358-Exercise Physiology	3	KIN 400-level Courses *	9
KIN 372-Motor Control	3	Elective	6
ENGL 302, 314 or SP CM 312	3		
Choose one: BIOL 306, 313, 314, 335,351,352,353 or BBMB 404	3to5		
Elective	3		
Total	15-17	Total	15

\* Kin 400+ Course Choices (9 cr): Kin 455, 458, 462, 472, 480, 481-484. 495

Students must complete a 3-credit course in US Diversity and a 3-credit course in International Perspectives. Check ISU homepage for list of approved courses. You must complete a minimum of 46 credits in 300/400 level courses and a total of 124 credits for graduation. Four year plans are arranged with courses in prerequisite sequence and within the term a course is usually offered. This is a SAMPLE plan - use the degree audit as "official" documentation of progress towards your degree.

Dec. 2011