

Mark C. Coberley
MS, LAT, ATC, CSCS, NASM-
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Present Address

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Work Address

Jacobson Athletic Complex
Iowa State University
Ames, IA 50011
(515) 294-4441

PROFESSIONAL EMPLOYMENT

Iowa State University – Director of Athletic Training/Head Athletic Trainer, 1998-Present

Responsible for overseeing entire athletic health care program for the university athletic department. Coordinate all aspects of the sports medicine program. Responsible for designing and ordering state-of-the-art medical treatment and reconditioning equipment for 10,000 sq. ft. athletic health care center. Direct annual budget of \$600,000 and supervision of 55 full-time staff and athletic training students. Developed and implemented Policies and Procedures manual for entire sports medicine program. Directly responsible for athletic training services to varsity football team. Coordinated substance abuse testing programs. Fully qualified in the use of all physical therapy modalities and SwimEx aquatic therapy systems. Fully competent in most major computer software usage as well as computerized medical record keeping systems.

Iowa State University - Assistant Athletic Trainer, Head Basketball Athletic Trainer, 1993-1998

Responsible for the recognition, care, prevention, and rehabilitation of the ISU Football, and Men's Basketball Teams, as well as supervision of baseball team. Developed and implemented a Standing Orders and Operating Guidelines Policy for the entire athletic training staff to insure compliance with State of Iowa Licensure Laws (copyright 1997). Developed and implemented new computerized medical record keeping system to insure compliance with licensure laws. Coordinated all travel and meal plans for the ISU Men's Basketball Team. Also taught classes in advanced rehabilitation of athletic injuries, as well as introduction to athletic injury management classes. Organized and managed a yearly summer clinic for student athletic trainers education.

Wichita State University - Assistant Athletic Trainer, Head Baseball Athletic Trainer, 1990-1993

Responsible for overseeing the total health care for baseball, men's and women's track and cross-country, and tennis teams. In charge of inventory and ordering all equipment and supplies for entire university sports medicine program. Handled all medical insurance and record keeping. Coordinated all travel and meal plans for Shocker baseball team. Conducted biomechanical throwing film analysis of Shocker pitching staff troubleshooting mechanical flaws to help solve pain

accompanying throwing. Shocker baseball team 1991 & 1993 National Runner Up, and 1992 College World Series Qualifiers.

ADDITIONAL PROFESSIONAL EXPERIENCE

Athletic Trainer – National Football League Scouting Combine – Indianapolis, IN
2005

Athletic Trainer - Philadelphia Eagles Minicamps – May 2005-2007

Sports Medicine Coordinator – National High School 7-on-7 Passing Tournament
– 2002-Present

Staff Athletic Trainer – National Basketball Association Pre-Draft Camp,
Chicago, IL 1995-1998

Big 22 Basketball Classic All-Star Game - Head Athletic Trainer, 1997

United States Olympic Training Center - Athletic Trainer, Summer 1995

ISU Athletic Injuries Management Clinic Director - 1994-2000

Host Athletic Trainer - NCAA Midwest Regional Baseball Tournament -
1991,1992

Host Athletic Trainer - NCAA Basketball Tournament Regional, Tucson, AZ -
1989

Host Athletic Trainer - NCAA Region 5 & NJCAA National X-Country
Championships, 1991

Head Athletic Trainer - Gene Stephenson Shocker Baseball Camps, 1991-1993

Head Athletic Trainer - Kansas State High School Football Championships, 1990-
1993

PROFESSIONAL CERTIFICATIONS/LICENSES

State of Iowa Licensed Athletic Trainer – 1997-Present

National Athletic Trainers Association - Certified Member, 1988-Present

National Strength Coaches Association - Certified Strength and Conditioning Specialist,
1996-Present

National Academy of Sports Medicine – Performance Enhancement Specialist, 2004-
Present

National Academy of Sports Medicine – Corrective Exercise Specialist, 2006-Present

Graston Soft Tissue Mobilization Certification, 2003-Present

Approved Clinical Instructor (ACI) – Iowa State University Athletic Training Curriculum

American Red Cross – Professional Rescuer Certification

ATHLETIC TRAINING PROFESSIONAL AFFILIATIONS – COMMITTEES

Chair, State of Iowa Athletic Training Licensing Board, 2003-2006

Co-writer of Rules and Regulations for Licensure Laws for State of Iowa, 2005

State of Iowa Athletic Training Licensing Board Member, 2002-2006

President-Elect, Iowa Athletic Trainers Society, 2006-present

Iowa Athletic Trainers Society Educational Symposia Organizer and Host - 2006

Board of Certification for Athletic Trainers - Examination Question Writer - 2004-
present

National Athletic Trainers Association Public Relations Committee Member, 1998-present
Governmental Affairs Chairman, Iowa Athletic Trainer's Society 1995-1998
Pandemic Flu Preparation Task Force – Iowa State University, 2006

PROFESSIONAL EDUCATION

University of Arizona, Master of Science Degree (Athletic Training Curriculum), 1990
Iowa State University, Bachelor of Science Degree (Biology, Anatomy and Physiology), 1988
New London Community Schools, New London, IA – High School Diploma - 1983

PUBLICATIONS and SPEAKING ENGAGEMENTS

“Functional Shoulder Rehabilitation Techniques for Contact Sports”, Mid America Athletic Trainers Association Educational Symposia, Omaha, NE March 2006
“Instrumented Soft Tissue Mobilization Techniques”, Iowa Athletic Trainers Society Educational Symposia, Ames, IA, June 2006
“Aquatic Therapy Techniques for Sports Specific Rehabilitation”, Mid America Athletic Trainers Association Educational Symposia, Topeka, KS March 2005
“Development of Standard Operating Guidelines for Athletic Training Programs”, Mid-America Athletic Trainers Association Educational Symposia, Omaha, NE 2004
“Development of Standard Operating Guidelines for Athletic Training Programs”, Iowa Athletic Trainers Society Educational Symposia, Cedar Rapids, IA 2004
“Advances in the Identification of Sports Related Concussions”, Iowa Football Coaches Association Convention, Ames, IA 2003
“Advances in the Management of Mild Traumatic Brain Injury”, Iowa Athletic Trainers Society Educational Symposia, Ames, IA 2001
“Water Sports – Aquatic Therapy in Rehabilitation”; Advance for Directors in Rehabilitation, May 2000
“Getting Back in the Game”; Rehab Management Magazine, May/April 1999
“Sport Specific Applications of Aquatic Therapy” Seminar for Green Bay Packers and Milwaukee Bucks Medical Staffs, 1998
“Sport Specific Applications of Aquatic Therapy” Seminar, U.S. Naval Academy, 1998
Standing Orders and Operating Guidelines for Rehabilitation and Reconditioning of Athletic Injuries, Copyright 1997, Rewritten 2004.

“Developing Standing Orders and Operating Guidelines for Rehabilitation of Athletic Injuries”

Iowa Athletic Trainer’s Society, 1996

“Conditioning for Basketball”, Tim Floyd/Iowa State University Basketball Camps, 1995, 1996

“Evaluation of the Thrower’s Shoulder and Throwing Mechanics”, Wichita Physicians Society

Meeting, St. Joseph’s Hospital, 1992