

Vita

Frank Edward Schabel, Ed.D., Assistant Professor
Department of Kinesiology

EDUCATION:

Ed.D. 1979 Indiana University, Health and Safety Education
M.S. 1971 Eastern Illinois University, Physical Education, Health and Safety
B.S. 1965 State University of New York at Buffalo, Physical Education

PROFESSIONAL ACADEMIC EXPERIENCE:

1975-Present Assistant Professor, Coordinator of Health Studies, Iowa State University
1973-75 Assistant Professor, Coordinator of Health Education Program, State University College,
Fredonia, NY.
1972-73 Teaching Assistant and graduate student, Indiana University, Bloomington, IN.
1967-72 Director Boys Physical Education in Laboratory School, Director Outdoor Education in
Laboratory School.
Eastern Illinois University, Charleston, IL.
1966-67 Physical Education Teacher and Coach, Potsdam Central High School, Potsdam, NY.
1965-66 Physical Education Instructor in Campus School and Coach Jr. High Sports, State University of
New York at
Potsdam.

PROFESSIONAL PUBLICATIONS:

Schabel, F.E. First Aid Principles and Practices, Macmillan Publishing Company, 368 pp., January 1987.
Edited by Andrew J. Brown.
Schabel, F.E. Authored three Extension publication booklets:
Deciding About Tobacco, 4H-471-C
Deciding About Alcohol, 4H-741-D
Deciding About Drug, 4H-47 I-E
Schabel, F.E. Health in the International Year of the Child: In Retrospect. Journal of IAHPERD, Spring 1980.
Schabel, F.E. Co-Author of the required Human Growth and Development Curriculum for State of Iowa,
1989-1990.

BOOK REVIEWS:

Diseases: Identification, Prevention and Control textbook by Barbara Hamann, Mosby Co., 1999
Teaching Today's Health textbook, Anspaugh, Ezell and Goodman, Merrill Publishing Company, reviewed text,
1988, 1995 and 1999.

PROFESSIONAL PRESENTATIONS/PAPERS

Schabel, F.E. Alcohol and Sexual Activity Among Midwestern College Students, AAHPERD National
Convention, Orlando, FL, March 2000. (with Cychosz, C. & Harvey, P.)
Schabel, F.E. Delivering Health Promotion Training Workshops to the Small Rural School, AAHPERD
Conference, Portland, OR, March 1995
Schabel, F.E. Recruiting Participants for Prevention Curriculum Facilitation Among Widely Dispersed Rural
School Districts. Fourth Annual Conference on Problem Solving in Rural Areas, Austin, TX, April 1993.
Refereed.

Schabel, F.E. Iowa Intervention Initiative Prevention Curriculum Project: Knowing the Ropes and Showing the Ropes, Resource Expo Conference, Altoona, IA, December 1992.

Schabel, F.E. Rural Iowa Intervention Initiative Workshops: An At-Risk Program for AEA 5 Schools, Arrowhead AEA Education Service Coordinators, AEA 5 School District Coordinators and Department of Education Personnel, Fort Dodge, IA, December 1992.

Schabel, F.E. Get a Grip-Don't Tip, Teen Leadership Conference, Governor's Traffic & Safety Conference, August 5-6, 1992, Ames, IA.

Schabel, F.E. Emerging Issues: Alcohol, Drugs and Traffic Safety in Higher Education, Governors Traffic and Safety Bureau Conference, Iowa State University, Ames, IA, August 1992.

Schabel, F.E. Making Health Your Career, State Youth and 4-H Conference, Iowa State University, Ames, IA, July 1992.

Schabel, F.E. Child Abuse: The School's Role, Iowa Coalition for Comprehensive School Health Education Conference (ICCSHE), DMACC, October, 1990.

Schabel, F.E. College Students Responses to Smoker's Efforts to Quit, poster presentation, CDAHPERD, Kansas City, MO, Spring 1989.

Schabel, F.E. Biofeedback as a Form of Stress Management, Iowa Lakeshore Wellness Conference, June 1988.

Schabel, F.E. The Health Studies Program at Iowa State University, faculty conference, Iowa State University, Spring 1989.

Schabel, F.E. Reducing Stress for Financial Aids Advisors, Iowa Association for Student Financial Aids Assistance Conference (IA#FAA), Ames, IA, October 29, 1987 (invited).

Schabel, F.E. Wellness Programs for Iowa Schools, Iowa Association of School Boards (ISAB), Des Moines, IA, November 19, 1987.

Schabel, F.E. Using Biofeedback as a Stress Management Technique, Iowa Lakeshore Wellness Conference, Buena Vista, IA, June 16, 1987.

Schabel, F.E. Child Sex Abuse and How to Help Victim, Iowa Coalition for Comprehensive School Health Education, ICCSHE, Ames, IA, October 2, 1986.

Schabel, F.E. Improving Health Education: Can Our Curriculum Adapt, Iowa Curriculum Conference (IC²), Ames, IA, October 7, 1985.

Schabel, F.E. Industrial Education Students Using Drugs: What Should Teachers Do, Iowa Industrial Education Conference, Ames, IA, December 8, 1980 (invited).

Schabel, F.E. Alcoholism and Drug Abuse in Industry: A Last Analysis, invited paper to American Society for Industrial Engineers Conference, Ankeny, IA, December 8, 1980.

Schabel, F.E. Death Education in the Schools, Iowa Association for Health, Physical Education, Recreation and Dance (IAHPERD), Des Moines, IA, October 1978.

GRANTS/GRANT WRITING

Safaeinili, L.B., Chchosz, C., **Schabel, F.E.**, Duitsman, D., Colbry, S., & Storer, J. co-investigators, Governor's Highway Safety ... Alcohol Prevention Conferences, \$28,000. Funded, 1993.

Storer, J. & **Schabel, F.E.** Counselor-Teacher Team Training to Enhance Drug Counseling in Small Rural Schools, US Dept. of Education, Counselor Training Grant Program, \$167,087. Not funded, February 1993

Storer, J. & **Schabel, F.E.** (recruiting coordinator). Received the second year funding for the III grant "Intervention, Rural Iowa Early Intervention, Initiative", US Dept. of Education, Drug Free School School Personnel Training Grant, \$143,672. Funded, October 1992.

Storer, J., **Schabel, F.E.** (project coordinators) & Cychosz, C. Applied for initiative "Rural Iowa Early Intervention Initiative (111)": Drug Prevention Training for School Personnel, US Dept. of Education, \$128,000. Funded, 1992.

Schabel, F.E. (member of advisory committee) for FIPSE grant proposal. Student Affairs received grant for assisting in the restructuring and expansion of drug and alcohol awareness, prevention and intervention programs at ISU, \$125,142. Funded, Spring 1989.

PROFESSIONAL AFFILIATIONS:

American Alliance for Health, Physical Education, Recreation and Dance
Iowa Association for Health, Physical Education, Recreation and Dance,
National American Red Cross (Story County Chairman, 1981)
Iowa Service Alliance for Adolescents
American Society for Allied Health Professionals
Partners of the Americas (Health Education Committee)
Association for the Advancement of Health Education
American School Health Association

Iowa Coalition for Comprehensive School Health Education

OFFICES HELD:

Iowa Coalition for Comprehensive Health Education (ICCSHE) Chair (1991, 1992)

Substance Abuse Prevention Intervention Strand Committee, curriculum writer

Vice President for Health, Iowa Association for Health Physical Education, Recreation and Dance,
1981